

Division of Community Resources Monthly Report May 2026

Office for the Aging (OFA) Director's Report March 2026

- 15 home visits for assessments, reassessments, and application assistance.
- 30 applications for SNAP, Medicaid, Medicare Savings, and Temporary Assistance.
- Participated in several New York State Office for the Aging (NYSOFA) training webinars and program update calls.
- NY State Office for the Aging (NYSOFA) Nutrition Review March 4-5.
- Participated in Public Health Professional Advisory Committee.
- Hoot Newsletter mailing list continues to grow-over 900 directly mailed, increased email distribution, and community partners distribution.



Sullivan Volunteers

- Eleven new volunteers enrolled.
- One new partner site (Sullivan County SPCA)
- Volunteers provided 55 rides for medical appointments
- 1,221 hours volunteered in February with a value of \$ 45,945.12 according to IndependentSector.org



Nutrition Program

- Spring Fitness series launched at congregate sites.
- NYSOFA Nutrition Review-exit interview provided positive feedback and areas needing updates and improvements. Planning starting to work on collaborative plan with Jail and Registered Dietician.

<u>Service Type</u>	<u>Meals Served</u>	<u>Clients Served</u>	<u>Contributions</u>
Home-Delivered	2,535	131	\$1,131.00
Congregate Site	526	70	\$602.50
Total	3,061	201	\$1,740.00



Transportation Services

- 132 medical trips (SCT).
- 167 shopping trips (SCT).
- 55 volunteer medical transports.
- 40 rides to congregate meal sites.

Home Energy Assistance Program (HEAP)

302 apps received, 291 applications processed, 11 pending

Legal Assistance

10 households assisted through Rural Law Center of NY.



Caregiver Resource Center (CRC)

at Cornell Cooperative Extension (CCE)

Evidence-based Health Promotion:

The Wellness Initiative for Senior Education (WISE):

A 6-week WISE series was completed March 30 with 10 seniors at Golden Park Apts. in Liberty. Another is being planned for seniors in Highland this summer.

Tai Chi for Arthritis & Fall Prevention -Both class series are full

The Tai Chi Stage 2 series started in February and will have their final class on May 1st. It is full with 18 seniors registered.

A twice-weekly beginners Tai Chi started on April 27 and will go through June 18 is also full with 18 seniors registered.

Bone Builders Fall Series -(two options to choose from)

Bone Builders March 19 to May 21, weekly on Thursdays 11-12 at the Western Sullivan Public Library, Jeffersonville Community room. Some openings left!

Bone Builders March 26 through May 7, weekly on Thursdays 11-12 at CCE Sullivan in Liberty. This class is full but we can add you to a cancellation list in the event more space becomes available.

Registration is required and space is limited.

Caregiver Support Groups

Caregiver Café: 1st Monday each month

March 2, April 6. May 4 and June 1st. from 10-11am at CCE Sullivan's board room

Virtual support group: 3rd Wednesday each month:

March 18, April 15, May 13 (tentative), June 17, from 6-7pm

Parkinson's Support Group will resume in April 2026

Dates are the 1st Wednesday of each month from 4-5:30 pm at CCE Sullivan.

April 1, May 6, June 3.

of Information & Assistance calls:

March - 32

February - 38

January - 25

Workshops held:

March 24: Building Brain Healthy Habits (Alzheimer’s Association workshop)

Three ways to Register:

- **Call (845) 292-6180 ext. 122**
- **Email: sullivancrc@cornell.edu**
- **Go to <https://tinyurl.com/5n6mtpy4>**

Additional workshops are being planned through July. Please visit our events page for more information www.sullivanccce.org/events



NY Connects

- 236 individuals served in February.
- Outreach being scheduled for upcoming months.



HIICAP (HEALTH INSURANCE & INFORMATION COUNSELING ASSISTANCE PROGRAM)

40 Individuals received counseling



PERS (PERSONAL EMERGENCY RESPONSE SYSTEM)

20 clients currently enrolled through CSE, EISEP, and Title IIIIE funding.



EISEP – Expanded In-Home Services for the Elderly Program

<u>Status</u>	<u>Number</u>
Active Cases (as of 3/31/26)	30
Closed Cases	0
Waitlist	13
	Closed 7 (1 Nursing Home, 2 Deceased, 2 Denied need for services, 1 denied cost share too high, 1 opened)
Hours Authorized March	1077.00
Hours Provided March	803.00



Sullivan County Youth Bureau (YB)

- Attended United Sullivan partner Check-Ins.
- Youth Bureau social media engagement increased to **2,051 views and 23 interactions**, up from **1,372 views and 11 interactions** last year.
- Advanced planning for a collaborative youth program with community partners, including Human Rights and Monticello High School.
- Continued development of a county youth awards program with legislators; funding under review.
- Published quarterly newsletter on Facebook and Instagram.
- Participated in state and regional meetings; Sullivan County selected to present at an upcoming statewide meeting on program growth and social media success.
- Contributed to regional Youth Bureau efforts; Sullivan County’s tagline “*Serving youth always in all ways*” adopted by the Hudson Valley region.
- Held Advisory Board meeting with strong attendance following schedule adjustment.

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Sullivan County Transportation

Sullivan County Transportation Department Ridership:

Month 2026	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	33	26	95	144	28	561
February	32	17	102	119	34	392
March	41	31	132	167	41	52
April						
May						
June						
July						
August						
September						
October						
November						
December						
Totals						

Move Sullivan Public Transit Ridership:

Move Sullivan 2026	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	488 (19 days)	9,266	284
February	469 (19 days)	8,917	298
March	541 (22 days)	11,893	385
1st Quarter Totals		30,076	967
April			
May			
June			
2nd Quarter Totals			
July			
August			
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			

Community Assistance Center (CAC)

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.
- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.
- ✓ Outreach is ongoing to determine needs of pantries.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ The CAC has seen an increase in requests for food assistance deliveries as well as connections to community resources.

- ❖ Quarterly meeting of the Sullivan Catskill Food Security Coalition will be held May 18 from 10 - 12 at Cornell Cooperative Extension. This is a quarterly food pantry gathering and networking meeting. They connect, share information, discuss opportunities and challenges that are impacting our work.