

Division of Community Resources Monthly Report December 2024

Office for the Aging (OFA) October 2024 Monthly Report

Monthly Accomplishments

OFA Director:

- Participation on Sullivan Catskills Food Security Coalition.
- Monthly Hoot distribution continues to increase via mail, email and drop off locations. Direct mail list has grown to over 700.
- Four Year Plan development of goals and content ongoing.
- Annual Public Hearing and Senior Resource Fair October 24th, 10am-2pm at the Government Center, very well attended by the community and valuable feedback provided by those in attendance.
- New RSVP Coordinator starting November 4th, Monika Roosa.
- Interviews scheduled for Aging Services Specialist and EISEP Case Management Specialist, and Aging Services Aide ongoing.
- Continued distribution of test kits.
- Attended Mid-Hudson Alzheimer's Association quarterly PAC (Professional Advisory Council)
- Participation in E-MDT (Enhanced Multi-Disciplinary Team) meetings conducted by JFS Ulster aimed at fostering multi-faceted approach to complex elder abuse cases.
- 231 HEAP application processed to date by OFA.

RSVP:

- ❖ Over 1,418 hours volunteered in October with a value of \$47,498.20 according to <https://independentsector.org/resource/value-of-volunteer-time/>
- ❖ 120 Currently registered volunteers, 64 actives in October.

Nutrition:

	Units:	Clients:	Contributions:
Homebound:	2,038	110	\$1,322.00
Congregate served at home:	35	2	
Congregate served at sites:	599	90	\$694.00
TOTALS:	2,672	202	\$2,016.00

- ❖ Nutrition continues to benefit from Food Bank of the Hudson Valley distributions twice a month run by the County's Community Assistance Center (CAC). This enables us to supplement fresh fruit, vegetables and other perishable items through our Home delivered meal and Congregate program.

- ❖ Plan to deliver hot meals 5 days a week as of January 6th 2025, coordination with Jail kitchen manager to ramp up capacity for this. Grab and go meals available at all 5 congregate nutrition sites.
- ❖ Part Time Nutrition Staff attending mandatory county trainings in person conducted by Human Resources.

Transportation:

- 104 SCT (Sullivan County Transportation) Medical Trips
- 181 SCT Shopping Trips
- 52 RSVP Medical Trips
- 48 Congregate Nutrition Site Transportation

HEAP:

- ❖ 231 applications received as of November 21st.

Legal referrals: 4 individuals received legal assistance through Rural Law Center of NY.

Caregiver Resource Center (CRC)

Caregiver support groups are offered for caregivers of someone with dementia or Alzheimer's Disease:

(registration required www.sullivance.org/events or by calling CCE Sullivan at (845) 292-6180 x 122

Caregiver Café' (In person):

held Oct. 21 -6 attendees

Upcoming: Nov.4 and Dec. 2

Virtual/zoom: 2nd Wednesday each month 6pm-7pm.

Held October 9 – 1 attendee

Upcoming: Nov. 14, Dec. 11

A **Parkinson's Support group** meets monthly 2nd Wed - 4pm – 5:30

The **October 9** meeting had 10 attendees.

This group will take a winter break. No meetings will be held December through March and will resume in April 2025

Bone Builders (Osteoporosis prevention). Started Sept. 19 and will run through Nov. 21.

14 active participants. A spring series will likely be offered, check the events page: www.sullivance.org/events

Tai Chi for Arthritis & Falls Prevention – Tai Chi Stage 2 series will be held Oct 21 – Dec. 12. The class is currently full with 15 people registered.

A beginner's class will be offered again in spring 2025. Check the events page: www.sullivance.org/events

Workshops held:

October 15 - *Keep Them Safe – A Caregiver’s Guide to a Safe Home* – with Lynda Shrager, OT, MSW, CAPS

11 attended via in person and zoom

Nov. 4 – Empowered Caregiver Series: Communicating Effectively

Nov. 14- Empowered Caregiver Series: Exploring Care & Support Services

Upcoming! Wellness Initiative for Senior Education (WISE) workshop series - FREE

Jan. 27 – March 3, 2025, once/week on Mondays from 11-1pm with lunch

Register: www.sullivanccce.org/events

This is a weekly program for 6 weeks to enhance awareness of senior health and well-being.

NY Connects:

- 184 contacts for October.
- Outreach events at Towns & Villages scheduled throughout November and the beginning of December.

HIICAP (Health Insurance Information Counseling Assistance Program):

- ❖ 68 contacts.
- ❖ Annual election period October 15th-December 7th for Medicare open enrollment.

PERS (Personal Emergency Response System):

- 28 clients currently receive PERS through CSE, EISEP & IIIE funding.

EISEP (Expanded In Home Services for Elderly Program):

- Retirement of long serving EISEP Case Management Specialist 10/30/24, Applications still being accepted for replacement.
- Updating waitlist prioritization procedure and screening process.

EISEP FULL-SERVICE CASEFILES during October	
Casefiles open as of 10/31/2024	45
Casefiles newly opened throughout October 2024	6
Casefiles closed throughout October 2024	0
Waitlist (due to aide availability)	14

Sullivan County Youth Bureau:

- Youth Bureau met with Probation and DFS to discuss partnership moving forward as per the Office of Children and Family Services' (OCFS) recommendations. (will become mandated sometime in the future so we're trying to be proactive).
- Attended two Leadership Development trainings.
- Attended two MLK Day of Service Planning groups to go over schedule for that day. YB will assist with the planning of the schedule.
- Attended the ribbon cutting ceremony for Prasad's new dental van. They received a \$600,000 grant from Mother Cabrini Foundation.
- Site visits conducted at Town of Thompson Spooktacular and Town of Tusten Halloween Extravaganza on 10/19.
- Attended NYS YB Association Conference in White Plains.
- Sullivan West students attended Legislative Day at the Government Center on 10/24. Met with County Manager, County Attorney, County Treasurer, and Commissioner of Division of Community Resources.

Transportation

County Transportation:

Month 2024	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	50	12	70	150	*	*
February	38	17	79	147	*	*
March	47	42	112	158	*	*
April	59	29	105	181	35	407
May	51	29	121	190	41	416
June	33	17	111	191	38	351
July	47	24	117	187	47	470
August	43	32	101	191	40	478
September	32	22	99	163	33	357
October	39	23	104	181	41	394
November						
December						

Move Sullivan

- ✓ Approved expansion routes include a 1-hour shuttle in liberty; a 1-hour shuttle in Monticello and a 1-hour route covering Livingston Manor, Roscoe, Callicoon Center, Jeffersonville, Youngsville, White Sulphur Springs, and Liberty.
- ✓ All new routes link up with transfer points to the other routes.

- ✓ Creation of signs in underway.

Move Sullivan 2024	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	436 (21 days)	9,154	230
February	472 (20 days)	9,447	218
March	478 (21 days)	10,048	262
1st Quarter Totals		28,649	710
April	490 (22 days)	10,775	272
May	521 (22 days)	11,469	296
June	546 (20 days)	10,910	270
2nd Quarter Totals		33,154	838
July	590 (22 days)	12,999	347
August	605 (22 days)	13,245	338
September	570 (20 days)	11,398	259
3rd Quarter Totals		37,642	944
October	517 (22 days)	11,373	303
November			
December			
4th Quarter Totals			
Annual Totals			

Community Assistance Center (CAC)

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 25 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ The food distribution days now 3 per month.
- ✓ The Catskill Food Hub is a critical partner whose relationship with local farmers and Growing Soul provides the rest of our distributed food.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of test kits.

- ✓ The CAC remains active providing emergency food assistance deliveries as well as connections to community resources.
- ✓ Support HV Food Bank monthly mobile pantry efforts in Fremont, Yulan and Fallsburg.