

Division of Community Resources Monthly Report

March 2026

Office for the Aging (OFA) Director's Report January 2026

- 10 home visits for assessments, reassessments, and application assistance.
- 29 applications for SNAP, Medicaid, Medicare Savings, and Temporary Assistance.
- Participated in several New York State Office for the Aging (NYSOFA) training webinars and program update calls.
- Conducted several interviews for 2 open Nutrition Site Aide Positions, all OFA positions currently filled.
- Met several times with Director of Transportation and Coordinator of Nutrition to map out updated nutrition routes for maximum efficiency.
- Attended Alzheimer's Orange Sullivan Program Advisory Council
- Attended Community Services Community Services Board (CSB) Sub-Planning committee meeting
- Claims submitted to NYSOFA are being reimbursed currently.



Sullivan Volunteers

- One new volunteer enrolled.
- 2026 Memorandums of Understanding (MOU) are being processed.
- Coordinator attended Leadership training
- Volunteers provided 43 rides for medical appointments.
- 899 hours volunteered in December with a value of \$34,594 according to IndependentSector.org.

Nutrition Program

<u>Service Type</u>	<u>Meals Served</u>	<u>Clients Served</u>	<u>Contributions</u>
Home-Delivered	2,315	128	\$1,346.00
Congregate Site	397	72	\$395.25
Total	2,712	200	\$1,741.25

Transportation Services

- 100 medical trips (SCT).
- 144 shopping trips (SCT).
- 43 volunteer medical transports.

- 1 medical transport by OFA staff.
- 32 rides to congregate meal sites.

Home Energy Assistance Program (HEAP)

25 applications received and processed in January. 273 applications have been processed so far this HEAP season

Legal Assistance

10 households assisted through Rural Law Center of NY.



Caregiver Resource Center (CRC)

Evidence-based Health Promotion:

The Wellness Initiative for Senior Education (WISE):

We will be holding another 6-week WISE series at Golden Park Apts. in Liberty beginning in February and in the Town of Highland Senior Center at a date to be announced in the spring.

Tai Chi for Arthritis & Fall Prevention

The February 24 – April 17 weekly series is full with 18 seniors registered. We will take names for the wait list for future classes.

Bone Builders Fall Series

We are currently taking registrations! We have an additional volunteer who will be facilitating classes! Joy Mendelsohn will facilitate Bone Builders March 10 to May 21, weekly on Thursday 11-12 at the Western Sullivan Public Library, Jeffersonville Community Room.

Linda Siegel will facilitate Bone Builders March 26 to May 7, weekly on Thursdays, 11-12 at Cornell Cooperative Extension (CCE) in Liberty.

Registration is required and space is limited.

Caregiver Support Groups offered-(2)

January 2, February 2 – Caregiver Café

January 21, February 18 – Virtual Support Groups

Parkinson's Support Group is on a winter break and will resume in April 2026.

Number of Information & Assistance calls:

December – 27

January - 25

Workshops/Community Outreach: none scheduled for January

Caregiver Support Group Schedules- 2026

- Caregiver Café (in person) - 1st Monday each month 10-11am at CCE Sullivan
- Virtual Caregiver Support Group- 3rd Wednesday each month, 6-7pm via zoom.
- Parkinson's Support group- breaks until spring. Call with questions.



NY Connects

208 individuals served in January

📍 HIICAP (Health Insurance & Information Counseling Assistance Program)

50 Individuals received counseling

📞 PERS (Personal Emergency Response System)

19 clients currently enrolled through CSE, EISEP, and Title III funding.

🏠 EISEP (Expanded In-Home Services for the Elderly Program)

<u>Status</u>	<u>Number</u>
Active Cases (as of 1/31/26)	29
Closed Cases	0
Waitlist	23
Hours Authorized (January)	982.2
Hours Provided (January)	713.75



Sullivan County Youth Bureau

- Participated in United Sullivan partner check-ins
 - Attended Human Rights Roundtable
 - Youth Bureau Facebook posts lead to 544 views and 9 interactions in January 2026.
 - Participated in MLK Jr. Day planning meeting.
 - Attended Facilitator training for MLK Jr. Day.
- Met with Dr. John 'Push' Gaines and attended his presentations at Liberty and Monticello Middle Schools. Dr. Gaines is a former at-risk youth turned inspirational speaker.

- Attended MLK Jr. Day of Service Youth Summit. The Youth Bureau was able to fund the keynote speaker, Dr. John “Push” Gaines through State dollars. He presented to the 7th and 8th grade students at Monticello and Liberty Middle Schools on Thursday, January 8th. He was then the keynote at the MLK Jr. Summit held on January 9th at SUNY Sullivan. This day brought all districts’ 11th and 12th graders together. The themes of the day were perseverance, hope, character, confidence with all of those things leading to love. Students participated in discussions based upon 13 pictures that related to one of Dr. King’s quotes. The students then had to pick one quote to represent their group to present to Dr. Gaines. Dr. Gaines’ messages and life history resonated with the students. Students received sweatshirts, a book about Dr. Martin Luther King, Jr. and some new skills to help them deal with difficult times.
- Attended the Hudson Valley Youth Bureau Association subcommittee on marketing.

Community Assistance Center (CAC)

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.
- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.
- ✓ Outreach is ongoing to determine needs of pantries.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ The CAC has seen an increase in requests for food assistance deliveries as well as connections to community resources.

Sullivan County Transportation

Effective February 23, 2026, the Transportation Department drivers will no longer deliver meals to homebound seniors. They will continue to pick up the food at the jail and deliver to the congregate sites. They will also continue to transport seniors to the congregate meal sites.

This change will allow drivers to provide more medical rides to seniors.

Sullivan County Transportation Department:

Month 2026	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	33	26	95	144	28	561
February						
March						
April						
May						
June						
July						
August						
September						
October						
November						
December						
Totals						

Move Sullivan Public Transit:

Move Sullivan 2026	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	579 (19 days)	9,266	284
February			
March			
1st Quarter Totals			
April			
May			
June			
2nd Quarter Totals			
July			
August			
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			

