

Division of Community Resources Monthly Report October 2025

Office for the Aging (OFA) August 2025 Monthly Report

Monthly Accomplishments

OFA Director:

- *Monthly Hoot* newsletter direct subscribers over 950.
- Conducted OFA Advisory meeting.
- Assisted with Youth Bureau application review.
- Hosted Advocacy Specialist and Area Service Representative from NY State Office for the Aging (NYSOFA) for annual monitoring/audit visit.
- Case Managers and Aging Services Specialists provided 18 home visits for assessments, reassessments, application assistance and follow up visits.
- 21 applications for SNAP (Supplemental Nutrition Assistance Program), Medicaid, Medicare Savings Program and Temporary Assistance assisted with or completed by OFA staff.
- 5 applications assisted with for RUPCO's Restore Grant program.
- Met with Grants Department to strategize on potential grants to support Sullivan Volunteers.

Sullivan Volunteers:

- Finalizing plans for volunteer appreciation luncheon
- Working with grants admin to secure more funds for the program
- Developing volunteer satisfaction survey to distribute to volunteers in the near future.
- Volunteers provided 62 rides for medical appointments
- 1,561 hours volunteered in August with a value of \$60,067 according to IndependentSector.org

Nutrition:

	Units:	Clients:	Contributions:
Homebound:	2,522	122	\$1,417.51
Congregate served at sites:	648	87	\$646.00
TOTALS:	3,170	209	\$2,063.51

Transportation:

- 117 Sullivan County Transportation (SCT) Medical Trips
- 173 SCT Shopping Trips
- 62 Sullivan Volunteers Medical Trips
- 1 Medical Transport by OFA staff
- 55 Congregate Nutrition Site Transportation

HEAP (Heating Energy Assistance Program) :

- Continuation of providing technical support for those preparing to apply when program opens.
- Attending trainings to educate staff regarding changes coming to program including discontinuation of clean and tune benefit.

Legal referrals: 13 individuals/families received legal assistance through Rural Law Center of NY.

Caregiver Resource Center (CRC)

Information & Assistance calls:

- July: 51
- August 39

Evidence-based Health Promotion:

The Wellness Initiative for Senior Education (WISE):

The next WISE class will be held at CCE Sullivan from Sept. 15- Oct. 27, on Mondays (except Oct. 13), from 11-1pm with lunch served.

On July 31st, eight (8) seniors completed the 6-week WISE (Wellness Initiative for Senior Education) class series at Golden Park Senior Apartments in Liberty.

This is an evidence-based program with a different wellness topic each week to enhance awareness of senior health and well-being.

Tai Chi for Arthritis & Fall Prevention

The next class starting Sept. 9th is full, with 16 seniors registered for weekly Tai Chi through Nov. 4th ! (No class Oct. 7th in preparation for CCE's 111th Annual meeting, register and join us!

https://apps.cce.cornell.edu/event_registration/main/events.cfm?dept=248

Bone Builders Fall Series

This popular class is also full, with 22 seniors registered for weekly classes, and starts Sept. 18th through Nov. 20th. This will be the second time this year, with the last series held March 27th – May 22nd.

Caregiver Support Groups held – 5

- 1 Caregiver Café' (no Aug. meeting)
- 2 Virtual support groups
- 2 Parkinson's support groups (for caregivers and care receivers)

Workshops Held:

- **Healthy Living Healthy Brain – July 9 - Western Sullivan Library in Jeffersonville**
- **Legal & Estate planning for Caregivers. July 15- @ CCE**
- **10 Warning Signs of Alzheimer's & Dementia. July 28- @ CCE**
- **WISE June 26th – July 31st at Golden Park Apts., Liberty**
- **Healthy Living Healthy Brain – Aug. 13th, Loch Sheldrake Seniors**
- **Healthy Living Healthy Brain -Aug. 28th, Liberty Public Library**

UPCOMING EVENTS

Support Group Schedules- 2025

- Caregiver Café (in person) - 1st Monday each month 10-11am (September 15*note change)
- Virtual Caregiver Support Group - 3rd Wednesday each month, 6-7pm
- Parkinson's Support group - monthly 2nd Wednesday each month, 4-5:30pm

Workshops

- **Reduce Your Risk of Falls, Sept. 30th 2-3pm@CCE. Register by calling 845-292-6180 x 122 or register at <https://tinyurl.com/5n6mtpy4>**

- **Alzheimer's Community Forum, Sept. 17th 1-4pm, SC Government Center**
 - We want to hear from you, Sullivan County! Attend this mini-conference and community conversation to learn about the latest in Alzheimer's disease research, how to reduce your risk, and share your experience with Alzheimer's disease. We will discuss how we can best serve your community. Together, we can help enhance care and support resources for those facing the disease. **Registration is required by Friday, September 12th. To register, please call 800.272.3900**
- **Mental Health First Aid Training by NYFarmNet at CCE Sullivan (free and open to anyone who is interested)**
 - September 24, 8:30 am – 5:00 pm, to register: www.nyfarmnet.org/trainings-events and select the Liberty location, or call 1-800-547-3276

NY Connects:

- 176 served
- 3 Outreach events

HIICAP (Health Insurance Information Counseling Assistance Program):

- 52 clients served in August.

PERS (Personal Emergency Response System):

- 22 clients currently receive PERS through CSE, EISEP & IIIE funding.

EISEP (Expanded In Home Services for Elderly Program):

Casefiles open as of 8/31/25	28
Casefiles closed	1
Waiting list	20
Hours Authorized for the month of August	801.95
Actual hours provided in August-	745.75

Sullivan County Youth Bureau:

- Attended United Sullivan Partner Check-ins.
- 7 site visits conducted.
- Met with multiple vendors to review application process and paperwork.
- Out of 32 contracts which have been sent out for signature, there are only 4 who still are not fully executed. This is a paperwork issue and just a matter of them turning in their correct insurance. They have been given a deadline of September 5th.
- We have received 39 applications for the latest round of funding from the New York State Office of Children and Family Services (NYSOCFS). Applications totaled \$407,504 but there is \$188,166 of available funding.
- Youth Bureau Facebook posts had 5,626 views and 62 interactions in July. This is an increase of almost 4,126 views and 10 interactions from last month. In August 2025 we increased our

views by 4,175 and 43 interactions over August 2024. Views are how many times people looked at the post, and interactions are the amount of likes or reactions.

Community Assistance Center (CAC)

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.
- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.
- ✓ Outreach is ongoing to determine needs of pantries.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ The CAC has seen an increase in requests for emergency food assistance deliveries as well as connections to community resources.

Transportation

The work is underway to update the County's Coordinated Transportation Plan.

Sullivan County Transportation Department:

Month 2025	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	40	31	101	160	32	467
February	37	20	89	132	26	497
March	41	35	121	177	53	618
April	48	32	123	182	60	641
May	39	16	116	187	41	583
June	39	26	137	190	44	604
July	49	25	122	195	48	631
August	48	31	117	173	38	591
September						
October						
November						
December						

Move Sullivan Public Transit:

Move Sullivan 2025	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	480 (21 days)	10,073	245
February	521 (18 days)	9,381	272
March	557 (21 days)	11,686	292
1st Quarter Totals		31,140	809
April	599 (22 days)	13,176	365
May	558 (21 days)	11,715	332
June	587 (21 days)	12,319	285
2nd Quarter Totals		37,210	982
July	636 (22 days)	13,994	329
August	660 (21 days)	13,879	411
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			