



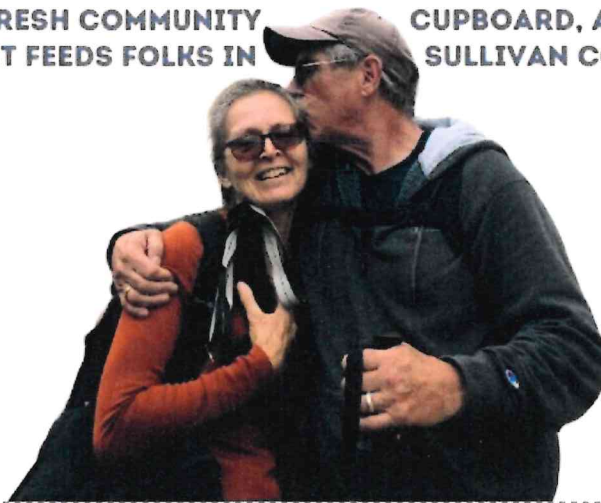
**SULLIVAN  
ALLIES LEADING  
TOGETHER**

**OCTOBER 31-NOV 3  
44 MILES  
4 DAYS**



# MARTIN & LYNN'S LONG WALK

WE ARE WALKING FROM OUR HOME IN LIBERTY TO THE HUDSON VALLEY  
REGIONAL FOOD BANK IN MONTGOMERY TO RAISE FUNDS FOR THE  
SULLIVAN FRESH COMMUNITY CUPBOARD, AN ORGANIZATION  
THAT FEEDS FOLKS IN SULLIVAN COUNTY EVERY DAY.



**WHY  
WE'RE  
WALKING**

SULLIVAN COUNTY HAS A HUNGER CRISIS. EVERY  
WEEK WE HAVE GREATER NEED FOR SUPPORT AND  
LESS FUNDING TO DO IT. WE WALK TO RAISE FUNDS  
TO KEEP FOOD ON OUR NEIGHBORS' TABLES.

**SCAN HERE**



**TO DONATE**





Sullivan Allies Leading Together  
PO Box 334  
Liberty, NY 12754  
salt@saltcares.com

My name is Martin Colavito, board member of Sullivan Allies Leading Together (SALT). My wife Lynn and I will be setting out the last weekend in October to walk from our home in Liberty to the Hudson Valley Regional Food Bank in Montgomery, NY. The walk will be 46 miles and will take place over the course of four days. We are doing this "Long Walk" in an effort to raise awareness for the ongoing food crisis and hunger that our neighbors in Sullivan County are experiencing everyday.

"In Sullivan County, hunger is at a region high of 14%! Over 7,000 of our neighbors are experiencing hunger!" (Tom Narducci, Regional Food Bank CEO, as per a 6/6/25 Sullivan County Democrat article). According to the regional food bank, one in seven children in our community go hungry everyday. Currently, the federal government is cutting The Emergency Food Assistance Program (TEFAP), thereby reducing the availability of food for members in our community who need it the most. Adding to this epidemic of food insecurity, cuts to the Supplemental Nutrition Assistance Program (SNAP) are making food a precious commodity for seniors, children, and those suffering from developmental and mental health concerns, as well as folks who are currently employed but rely on these programs to put food on their tables.

Hunger is a crisis in Sullivan County, and we are embarking on this walk to make sure our neighbors are in our hearts and minds. Every step we take is a step towards addressing our neighbors' hunger and therefore giving them one less thing to worry about.

Tonight, a person will go to bed hungry to make sure their child and loved ones have food to eat. This person is a vital member of our community, but because of the lack of access to food, they are unable to meet their most basic needs.

During this walk, Lynn and I will have time to reflect on our lived experiences and for each step we take, our love and commitment to each other and our community will be strengthened. Our long walk will remind us that we can be a part of a community of solutions regarding hunger.

We are reaching out to you in hopes that you will help us raise funds for The Sullivan Fresh Community Cupboard. This past year, the Community Cupboard made over 14,000 deliveries to our neighbors throughout Sullivan County. Over 700 of our neighbors are served weekly! In addition to the dedicated routes, emergency deliveries are facilitated 7 days a week with a promise that food will be delivered to those who are experiencing hunger within 24 hours.

The sponsorship will be \$50 a mile, 100% of this donation will be used to purchase food for our Sullivan County neighbors.

Thank You for Your Support!  
Martin & Lynn Colavito

#### DONATE

**Sullivan Fresh Community Cupboard**

**PAYPAL**



**CHECK**

Sullivan  
Allies Leading  
Together, Inc  
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12754