

SULLIVAN COUNTY HEALTH & HUMAN SERVICES UPDATE

Amanda Langseder

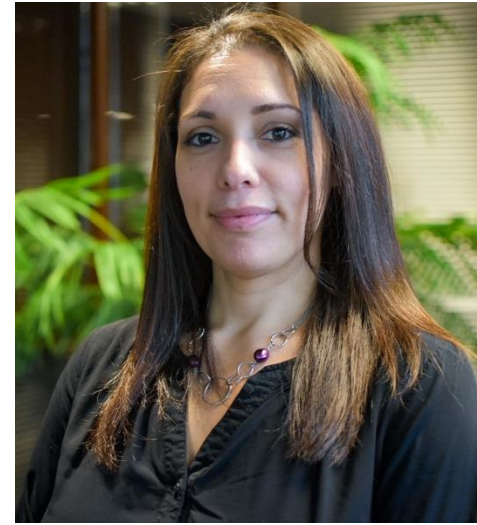
12-8-2022

Sullivan Renaissance & Sullivan 180 Join Forces

- Bringing the best of two organizations together to *empower the health of the next generation one degree at a time through people, places & policy.*
- Sullivan 180 is the continuing brand but always understanding where we came from and our roots in Sullivan Renaissance.
- YOUTH are our focus.
- Increased resources, discussions, action plans and collaborative requests for funding around Youth Mental Health & School Nutrition.
- Empowering a Healthier Generation Program Team is **GROWING!**

GROWING 180 TEAM

- Shanna Nigro – Development Director
- Barbara Weinstein – Healthier Generation Communications Coordinator
- Christy Terbush – Healthier Generation Coordinator
- Arina Soler – Intern, Masters in Public Health
- Continuing program leadership & support:
 - ✓ Meaghan Mullally-Gorr, Director of Health & Wellness
 - ✓ Cortney Larson, Healthier Generation Coordinator
 - ✓ Amanda Langseder & Denise Frangipane
 - ✓ New Empowering a Healthier Generation School Approach
 - School Building Liason/Staff Specialty Areas
 - Relationship building with District Business Offices & Marketing/PR Personnel



EHG Update & Competition

Update in Packet

Competition Ready Schools

- Fallsburg Benjamin Coser Elementary School
- Livingston Manor Elementary School
- Livingston Manor Middle/High School
- Monticello George Cooke Elementary
- Sullivan West Elementary

1st Prize \$75,000

2nd Prize \$50,000

Projects will present to a panel of judges in the spring of 2023 and two schools will be chosen for awards which will be presented at the Fall 2023 Empowering a Healthier Generation Celebration.

School Nutrition

Goal

Increase the volume and variety of NYS farm products served in schools to support two nutritious meals per day!

Grants

NYS Farm-to-School Grant (\$25-\$100k over 2-years)

- Focus on Procurement
- Agricultural & Nutrition Education

USDA Farm-to-School Grant (\$50-\$500K over 1 or 2-years)

- 5 Tracks to apply- *Implementation, State Agency, Planning, Ag Education, Edible Gardens*
- Improve Access to Local Foods
- Focus on Procurement
- Agricultural & Nutrition Education
- Promoting Health & Economic Opportunity





Martin Luther King Jr Day of Service

2nd Annual Youth Summit
A Day for Sullivan County Youth
11th - 12th graders



Sullivan180.org



January 13, 2023
9am - 2pm
Hurleyville Performing
Arts Centre

"Faith is taking the first step even when you don't see
the whole staircase."

<https://www.youtube.com/watch?v=UTeKtJYV-hI>

The 'why' behind Encouraging Healthy Behaviors Amongst Our Local Heroes

- 70% of our firefighters struggle with obesity
- 50% of our firefighters are either diabetic or pre-diabetic
- 50% of our firefighters have high blood pressure
- 90% of our firefighters have poor diet and exercise habits
- Firefighters hold the highest rate of suicide of all first responders



SULLIVAN COUNTY'S HEALTHIEST FIRE DEPARTMENT CHALLENGE

Learn, Commit & Act to Encourage Health in YOUR Department



**Up to \$25,000 in grants will be
awarded to winning departments!**

*Ready? Call or email Lindsay Wheat at
(845) 295-2683 or LWheat@Sullivan180.org*

This program is generously funded by Assemblywoman Aileen Gunther.

Sullivan 180, Inc. | PO Box 311 Liberty, NY 12754 | (845) 295-2680
info@sullivan180.org | www.Sullivan180.org

See you at Peace, Love & Lights !

**EVERY MONDAY THROUGH Dec 26th, 5:00 pm
– 7:30 pm**

Bethel Woods Center for the Arts

Last Monday, School Spirit Night

This Monday, Fire Dept. Appreciation Night

**Entry is free for children 11 and under or
with an unwrapped toy for the Federation
for the Homeless.**



ENCOURAGING HEALTHY BEHAVIORS COMMUNITY CHALLENGE

Learn, Commit & Act to Encourage Healthy Behaviors in Sullivan County!

Will you commit to improve your health?

Here are 3 Easy Ways...



 **Reduce
Smoking & Vaping**

participate in a tobacco control related event, like Taking Down Tobacco Day or World No Tobacco Day



 **Reduce
Obesity**

Eliminate sugar sweetened beverages in your home, workplace, school and vending machines.



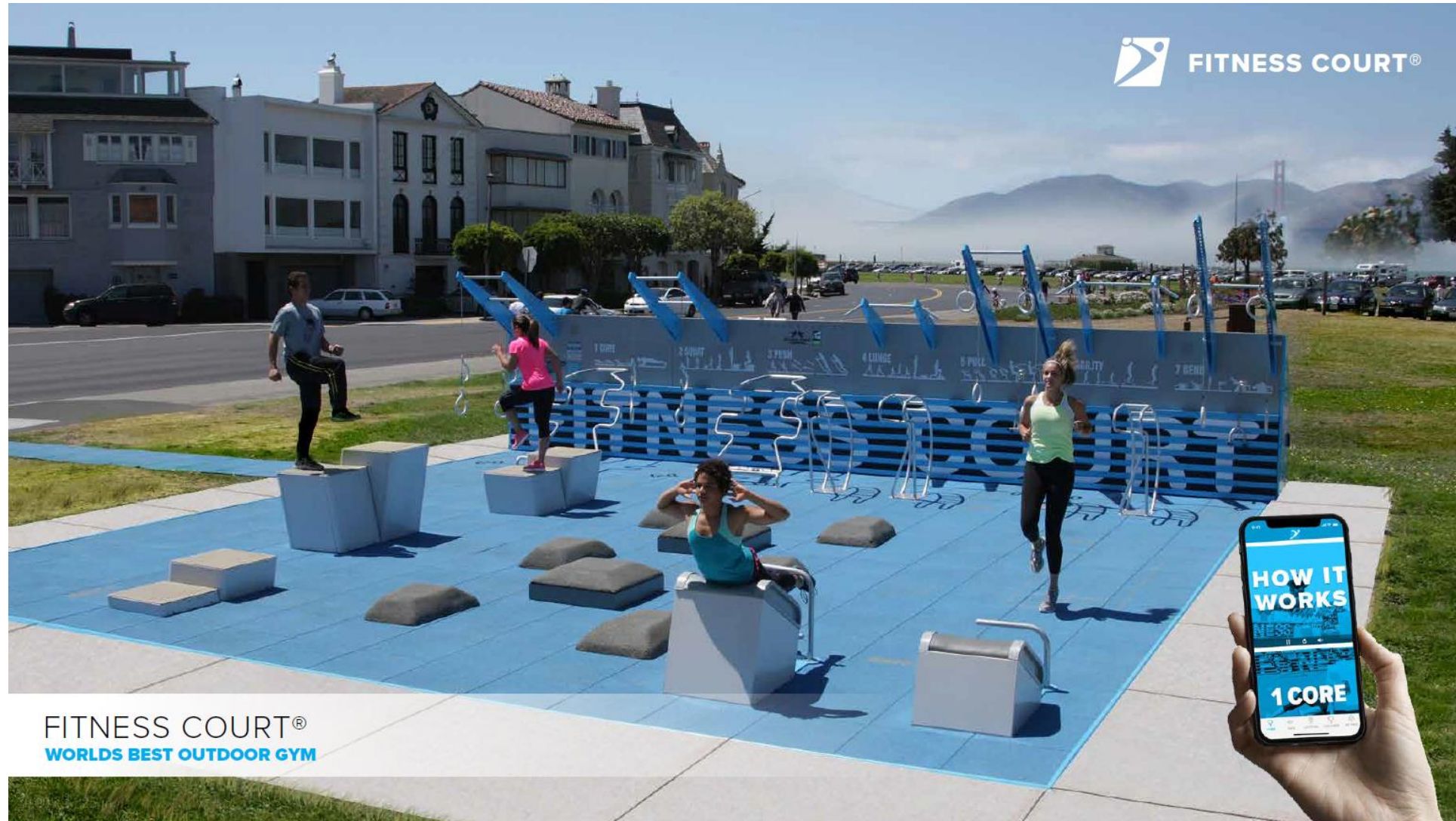
 **Increase
Physical Activity**

Live and promote the 5-2-1-Almost None lifestyle and/or get active on a Sullivan County trail

13 ENCOURAGING HEALTHY BEHAVIORS AWARD WINNERS!



Monticello – MVP Fitness Deck



Shoring notes: 1/4" equals 10'00" (vertical); 1/8" equals 10'00" (horizontal); 1/16" equals 10'00" (diagonal); 1/32" equals 10'00" (diagonal); 1/64" equals 10'00" (diagonal); 1/128" equals 10'00" (diagonal); 1/256" equals 10'00" (diagonal); 1/512" equals 10'00" (diagonal); 1/1024" equals 10'00" (diagonal); 1/2048" equals 10'00" (diagonal); 1/4096" equals 10'00" (diagonal); 1/8192" equals 10'00" (diagonal); 1/16384" equals 10'00" (diagonal); 1/32768" equals 10'00" (diagonal); 1/65536" equals 10'00" (diagonal); 1/131072" equals 10'00" (diagonal); 1/262144" equals 10'00" (diagonal); 1/524288" equals 10'00" (diagonal); 1/1048576" equals 10'00" (diagonal); 1/2097152" equals 10'00" (diagonal); 1/4194304" equals 10'00" (diagonal); 1/8388608" equals 10'00" (diagonal); 1/16777216" equals 10'00" (diagonal); 1/33554432" equals 10'00" (diagonal); 1/67108864" equals 10'00" (diagonal); 1/134217728" equals 10'00" (diagonal); 1/268435456" equals 10'00" (diagonal); 1/536870912" equals 10'00" (diagonal); 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FIT PAD CAPITAL STACK

50k - MVP GRANT

15k - Monticello Central School District (in-kind) site prep & concrete pad

15k - Sullivan County BOCES (in-kind) Fit Pad Installation with students

- 90K Balance (current bill with Village)

- ✓ 15k Sullivan Renaissance

- ✓ 15k Sullivan 180

- ✓ 25k WSUL Heart-a-thon Committee Commitment

- ✓ 10k Garnet Health Commitment

- ✓ 25k Sullivan County Legislative Request

Spring 2023 Install & Ribbon Cutting!

Questions?





*"Building a Healthy Community,
One Degree at a Time"*