

# Division of Community Resources Monthly Report

## September 2025

Office for the Aging (OFA) July 2025 Monthly Report

### Monthly Accomplishments

#### OFA Director:

- Sullivan Volunteers Support Committee moving forward with recognition event planning.
- *Monthly Hoot* newsletter direct subscribers over 950.
- Presented at Sullivan Town Supervisor's meeting. Discussed collaboration between OFA and local townships.
- Conducted contract agency monitoring.
- Attended Alzheimer's Association Program Advisory Council meeting.
- 17 outreach events coordinated for Farmer's Market Coupon distribution.
- Case Managers and Aging Services Specialists provided 27 home visits for assessments, reassessments, application assistance and follow up visits.
- 16 applications for Supplemental Nutrition Assistance Program (SNAP), Medicaid, Medicare Savings Program and Temporary Assistance were assisted with or completed by OFA staff.
- Presented at Professional Women's meeting.
- Presented at Monticello Seniors Club meeting.
- Presented at Fallsburg Seniors Club meeting.

#### Sullivan Volunteers:

- Coordinator attended tabling event at Wurtsboro Street Fair.
- Finalizing plans for volunteer appreciation luncheon.
- Finalizing Memorandum of Understanding (MOU) and Volunteer Handbook for new program.
- 5 new volunteers enrolled.
- Volunteers provided 65 rides for medical appointments.
- 1,301 hours volunteered in June with a value of \$50,062 according to IndependentSector.org.

#### Nutrition:

	Units:	Clients:	Contributions:
Homebound:	2,612	118	\$1,241.00
Congregate			
served at sites:	670	87	\$802.75
<b>TOTALS:</b>	<b>3,282</b>	<b>205</b>	<b>\$2,089.25</b>

- We ended our Spring Fitness program with Patricia Pelletier, Public Health Educator/RHN Coordinator at five of our Nutrition sites. Participating seniors were surveyed upon completion. The survey was helpful, it afforded a better understanding for individual modifications for the "Fall Prevention" programming we are planning. The plan is to provide for 6 weeks (Sept 22<sup>nd</sup> to Oct 31<sup>st</sup>), with similar timeframes and days.
- 2,000 Farmers Market Coupon booklets received early July, to date we have distributed 700+ coupon booklets to eligible individuals.
- Our Livingston Manor site was visited by Andrea Martell Registered Dietician and Nutrition Educator from Delaware County who presented a SNAP-Ed nutrition education workshop.

- Annual monitoring of our contract with Sullivan County Jail kitchen was performed on July 11th. Inspection of the kitchen facility and review of policy and procedures for the Home Delivered Meal program performed.

#### **Transportation:**

- 124 Sullivan County Transportation (SCT) medical trips
- 196 SCT shopping trips
- 65 Sullivan Volunteers medical trips
- 2 medical transports by OFA staff
- 60 Congregate Nutrition Site transportation

#### **Home Energy Assistance Program (HEAP) :**

- 10 HEAP information assistance and/or Energy Assistance Program (EAP) letters

**Legal referrals:** 6 individuals/families received legal assistance through Rural Law Center of NY.

#### **Caregiver Resource Center (CRC)**

##### **Information & Assistance calls:**

June: 26

July: 51

#### **JULY Workshops held:**

##### **Healthy Living for Your Brain and Body**

- July 9, 2025
- July 16, 2025

##### **Legal & Financial Planning for Caregivers: What You Need to Know**

- July 15, 2025

##### **10 Warning Signs of Alzheimer's and Dementia**

- July 28

#### **Upcoming:**

##### **Healthy Living for Your Brain and Body**

**AUGUST 28 @ 5pm – Liberty Public Library**

**FREE FIRST AID MENTAL HEALTH TRAINING- OPEN TO ANYONE**

**Sponsored by NY FARMNET and other organizations**

**Wednesday, SEPTEMBER 24, 8:30am-5pm at Cornell Cooperative Extension (CCE) Sullivan**

**SEE FLYER TO REGISTER (registration required)**

**The training includes a 30-minute lunch break and several short breaks throughout the day. Lunch and refreshments will be provided at no cost.**

**[www.nyfarmnet.org/trainings-events](http://www.nyfarmnet.org/trainings-events) or call 1-800-547-3276**

#### **SUPPORT GROUPS:**

**Caregiver Café' Support Group (in person):**

**1<sup>st</sup> Monday at 10am at CCE Sullivan**

**Held July 7; no August meeting, Sept. 15 (note date change)**

**Virtual Caregiver Support Group (zoom):**

**Scheduled 3<sup>rd</sup> Wednesday each month 6-7pm**

**Held July 16, next: August 20**

### **Parkinson's Support group**

3<sup>rd</sup> Wednesday each month April through November from 4-5:30 at CCE Sullivan

**Held July 16, next: August 13**

### **Caregiver Support Group for Families of Veterans**

Held at Action Towards Independence (ATI) at 309 E. Broadway, Monticello

New dates and times for this meeting will be revised and announced soon.

### **EXERCISE OPPORTUNITIES FOR SENIORS at CCE Sullivan:**

**Bone Builders** (Osteoporosis prevention).

Next series weekly on **Thursdays from September 18 – November 20 from 11-12pm.**

Register on our events page at [www.sullivanccce.org/events](http://www.sullivanccce.org/events) or call 845-292-6180 x 122 / or email: [sullivanccrc@cornell.edu](mailto:sullivanccrc@cornell.edu)

**Tai Chi for Arthritis & Falls Prevention** – *Class is Full, but seniors can call to be added to a waiting list.*

Next series weekly on **Tuesdays from September 9 – October 28, from 10-11am.**

[www.sullivanccce.org/events](http://www.sullivanccce.org/events) or call 845-292-6180 x 122 / or email: [sullivanccrc@cornell.edu](mailto:sullivanccrc@cornell.edu)

### **Wellness Initiative for Senior Education (WISE)**

We recently completed a 6-week educational series for a group of 8 seniors at Golden Park Apartments in Liberty.

**Held June 26 to July 31.**

Call for more information at 845-292-6180 x 122 / or email: [sullivanccrc@cornell.edu](mailto:sullivanccrc@cornell.edu) to be put on our waiting list for future workshop series.

This is a 6-week evidence-based program with a different wellness topic each week to enhance awareness of senior health and well-being.

The WISE program is a collaboration between the Caregiver Resource Center and SALT at CCE Sullivan through Community & Economic Vitality, and is supported in part by grant funding from New York State, Department of Health and Human Services (HHS), and Substance Abuse and Mental Health Services Administration (SAMHSA)

**Alzheimer's Association workshop series:** **The Empowered Caregiver** will be offered in person by the Caregiver Resource Center to interested community groups by request in the summer and fall 2025. Call us if your organization or community group would like a presentation, we will come to you!

Call for more information at 845-292-6180 x 122

The Empowering Caregiver Series is available as a series of workshops or individual topics:

Workshop topics in the series include:

- Building Foundations of Caregiving
- Supporting Independence
- Communicating Effectively
- Responding to dementia-related behaviors
- Exploring Care and support services.

**NY Connects:**

- 283 served

**Health Insurance Information Counseling Assistance Program (HIICAP):**

- 27 clients served in July.

**Personal Emergency Response System (PERS):**

- 24 clients currently receive PERS through OFA funding sources.

**Expanded In Home Services for Elderly Program (EISEP):**

Case files open as of 7/31/25	29
Casefiles closed	1
Waitlist	15
Hours Authorized for the month of July	1368.06
Actual hours provided in July	1,198.25

- Monitoring of 4 contract agencies
- Reduction of approved hours due to budgetary constraints, right sizing hours for individuals that were receiving additional hours to facilitate getting an aide to harder to reach areas.
- New contracted rate started July 1 to provide aides with \$24.00 per hour for EISEP cases which is aligned with increase due to minimum aide rate being implemented statewide.

**Sullivan County Youth Bureau:**

- Attended United Sullivan Partner Check-ins.
- Completed 2<sup>nd</sup> quarterly Youth Bureau newsletter.
- 29 contracts have been sent out to vendors for signature. 21 have been received back and sent up to County Attorney's office for review and signature. 3 contracts are still waiting for outstanding paperwork.
- Youth Bureau Facebook posts lead to 1,500 views, 322 reaches and 10 interactions in July. This is an increase of almost 73 views from last month, however, as of this morning, comparing it to July of 2024, we increased our views by 1,065. Views are how many times people looked at the post, reaches mean how many times it was shared and interactions are the amount of likes or reactions.

**Community Assistance Center (CAC)**

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.

- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.
- ✓ Outreach is ongoing to determine needs of pantries.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ The CAC has seen an increase in requests for emergency food assistance deliveries as well as connections to community resources.

## **Transportation**

The work is underway to update the County's Coordinated Transportation Plan.

### **Sullivan County Transportation Department:**

<b>Month 2025</b>	<b>Veterans Medical Centers</b>	<b>Veterans In-County Medical</b>	<b>Senior Medicals</b>	<b>Shopping Buses</b>	<b>Seniors to Congregate Sites</b>	<b>Meals Delivered</b>
January	40	31	101	160	32	467
February	37	20	89	132	26	497
March	41	35	121	177	53	618
April	48	32	123	182	60	641
May	39	16	116	187	41	583
June	39	26	137	190	44	604
July	49	25	122	195	48	631
August						
September						
October						
November						
December						

### **Move Sullivan Public Transit:**

<b>Move Sullivan 2025</b>	<b>Average Daily Ridership</b>	<b>Monthly Ridership</b>	<b>Monthly Paratransit</b>
January	480 (21 days)	10,073	245
February	521 (18 days)	9,381	272
March	557 (21 days)	11,686	292
<b>1<sup>st</sup> Quarter Totals</b>		<b>31,140</b>	<b>809</b>
April	599 (22 days)	13,176	365
May	558 (21 days)	11,715	332
June	587 (21 days)	12,319	285
<b>2<sup>nd</sup> Quarter Totals</b>		<b>37,210</b>	<b>982</b>
July	636 (22 days)	13,994	329
August			

September			
<b>3<sup>rd</sup> Quarter Totals</b>			
October			
November			
December			
<b>4<sup>th</sup> Quarter Totals</b>			
<b>Annual Totals</b>			