

Division of Community Resources Monthly Report

July 2024

Office for the Aging (OFA) May 2024 Monthly Report

Monthly Accomplishments

OFA Director:

- Participation on Sullivan Catskills Food Security Coalition
- Presented at outreach events at Bethel Seniors, Livingston Manor
- Monthly Hoot distribution continues to increase via mail, email and drop off locations. Direct mail list has grown to over 560.
- All full-time positions currently filled as of May 6th, 1 P/T position still available.
- Quarterly OFA Advisory meeting held May 8th.
- Attended first in-person Older New Yorker's Day since 2019 to celebrate nominated volunteers from all over NY State. Maureen Hopper and Liz Wunner were treated to a beautiful event at the Egg in Albany.
- Attended Creative Arts for Healing Symposium at Hurleyville Performing Arts Center to explore modalities that consider the arts as affective therapy for those struggling with mental illness and/or substance use in Sullivan County.
- Attended Bike and Pedestrian Planning Advisory Committee presentation/event.
- 5 congregate meal sites will be open June 3rd, with up to 11 sites reopening by end of year.

Retired Senior Volunteer Program (RSVP):

- Welcomed 2 new volunteers: Al Patalona and Robert Pisall helping out with bi-monthly pantry distribution at transportation building.
- Successful Outreach with Daughters of the American Revolution (DAR) Beaverkill Chapter on Friday May 3rd and Sullivan Rotary Annual Health Fair and Blood Drive on May 18th.
- Successful trip to Albany on May 14th to recognize two of our very own volunteers for the Older New Yorker's Day Celebration organized by NYS Office for the Aging (NYSOFA).
- Over 910 hours volunteered in May with a value of \$33, 949 according to IndependentSector.org.

Nutrition:

	Units:	Clients:	Contributions:
Homebound:	1,925	103	\$1,809
Congregate served at home:	519	24	
Congregate served at sites:	1,111	71	\$323.00

Guest:	16	7	\$125.00
TOTALS:	3,571	205	\$2,257.00

Most of May has been spent coordinating the Re-Opening of Congregate Nutrition sites in Bethel, Liberty and Jeffersonville. Stocking supplies and speaking at senior groups to make everyone aware of the plan.

SNAP-Ed from the NYSOFA visited the Livingston Manor site and presented a 4-part series workshop on “10 Tips for Adults”. The seniors thoroughly enjoyed it.

A luncheon was organized and many of our retired and current staff came together to wish Al Patalona the very best in his retirement. We were able to fill his vacant position by promoting an Aging Services Aide to Aging Services Assistant and back filling the Aide position.

Transportation Referrals:

- 121 SCT (Sullivan County Transportation) Medical Trips
- 188 SCT Shopping Trips
- 4 Congregate Nutrition Site Transportation

OFA Transportation provided:

- 58 RSVP Medical Trips
- 2 Medical Trips provided by OFA staff

Legal referrals: Referrals to resume in June once contract modification is fully executed.

Caregiver Resource Center (CRC)

Tai Chi for Arthritis & Fall Prevention

Classes are held 2x week for 8 weeks (April through June) – 18 registered, 15 active participants

This round of classes is full again and has a waiting list. Classes will likely continue in the Fall.

Bone Builders (Osteoporosis prevention) weekly started April 11, goes through June, and is full with a waiting list.

Community Resource Center (CRC) Coordinator attended Public Health Partnership Conference May 1-3, and presented on “**Building Partnerships to Connect Rural Seniors to Resources and Improve Quality of Life**”. The presentation featured Tai Chi for Arthritis & Falls Prevention for seniors as an evidence-based successful program.

-Completed NYSOFA CRC Survey May 14.

Attended the Alzheimer’s Association conference, “Meeting of the Minds” May 16

Attended virtual conference, “Let’s Talk About Health: Caring for Older Adults in Rural NY” - May 17

Attended the National ARCH (Lifespan Respite Conference), May 21-23

Outreach:

May 6 – Outreach with Liberty seniors w/ OFA

May 8 – attended OFA Advisory Council

May 9 – Outreach with Monticello seniors w/OFA

May 30 – Outreach with Jeffersonville seniors w/OFA

Upcoming:

July 22 hybrid workshop is planned

“Keep Them Safe, Keep You Sane: A Caregiver’s Guide to a Safe Home” 3-4:15 pm.

NY Connects:

- 161 contacts for May.

The Spring outreach events connected with 152 seniors in the month of May, for a total of 541 individuals reached since our initial event in February.

- ❖ 4/2 Lumberland- 10 people
- ❖ 4/10 Mamakating – 29 people
- ❖ 4/16 Highland - 20 people
- ❖ 4/24 Loch Sheldrake – 25 people

Health Insurance Information Counseling Assistance Program (HIICAP) :

- 34 clients served.

Personal Emergency Response System (PERS):

20 clients currently receive PERS through three different funding streams (CSE, EISEP and IIIE).

Expanded In-home Services for Elderly Program (EISEP):

EISEP FULL-SERVICE CASEFILES during May	total
Casefiles already open as of 05/01/24	28
Casefiles opened 05/01–05/31/24	6
Casefiles closed 05/01–05/31/24	(3)
Casefiles open as of 05/31/24	31
[2 opened/closed the same month]	

Sullivan County Youth Bureau (YB):

- Weekly Youth Bureau Bulletins emailed with a reach of 650 people. Continued engagement on social media and county website.
- Continue to process and execute contracts for YB funding recipients.
- Attended NYS Budget briefing for all NYS Youth Bureaus, and the Regional Youth Bureau meeting.
- Attended events at several community partner organizations to promote visibility of Youth Bureau.
- Conducted site visits for Fearless (Livingston Manor School District) and the Homestead School for their Yankee game.

Transportation**County Transportation:**

Month 2024	Veterans Medical Centers	Veterans In- County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	50	12	70	150	*	*
February	38	17	79	147	*	*
March	47	42	112	158	*	*
April	59	29	105	181	35	407
May	51	29	121	190	41	416
June						
July						
August						
September						
October						
November						
December						

Move Sullivan 2024	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	436 (21 days)	9,154	230
February	472 (20 days)	9,447	218
March	478 (21 days)	10,048	262
1st Quarter Totals		28,649	710
April	490 (22 days)	10,775	272
May	521 (22 days)	11,469	298
June			
2nd Quarter Totals			
July			
August			
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			

Community Assistance Center (CAC)

- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of test kits and masks.
- ✓ The CAC remains active providing food assistance deliveries as well as connections to community resources.
- ✓ The Food Bank deliveries to the pantries are bi-monthly.
- ✓ Support HV Food Bank monthly mobile pantry efforts in Freemont, Yulan and Fallsburg.
- ✓ A member of the Sullivan Catskill Food Security Coalition.