

SUNY SULLIVAN

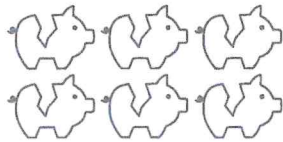
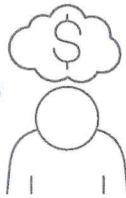
# STUDENT FINANCIAL WELLNESS SURVEY RESULTS

FALL 2024

Understanding the connection between student finances and student success is essential to supporting the modern learner.

**58%**

of students **WORRY ABOUT HAVING ENOUGH MONEY** to pay for school.



**30%**

of students **RAN OUT OF MONEY 6 OR MORE TIMES** in the past year.

**23%**

of students **EXPERIENCED CHALLENGES WITH THE NEW 2024-25 FAFSA.**



Of these students,

**71%** **REPORTED THE DELAYS IN THE PROCESS CAUSED THEM STRESS OR ANXIETY.**

**45%**

of students indicated **EXPERIENCING GENERALIZED ANXIETY DISORDER.**



**57%**

of students consider themselves to be **WORKERS ATTENDING SCHOOL**, rather than **STUDENTS WHO WORK.**

**51%**

of students **REPORTED BEING HOUSING INSECURE.**



**38%**

of students were **FOOD INSECURE.**



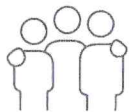
**47%**

of students reported **FEELING LONELY SOMETIMES OR ALWAYS.**



**31%**

of students **IDENTIFIED AS PARENTS.**



**64%**

of students would have **TROUBLE GETTING \$500 IN CASH OR CREDIT** in an emergency.



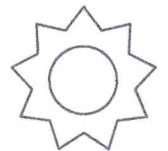
**63%**

of students believe **THE COST OF COLLEGE IS A GOOD INVESTMENT FOR THEIR FINANCIAL FUTURE.**



**84%**

of students say **A COLLEGE DEGREE WILL PROVIDE THEM WITH A HIGHER QUALITY OF LIFE.**



## **Student Financial Wellness**

### **Trellis Strategies Student Survey**

- Nationally normed survey –similar to other CC's
- Response rate of 11% - acceptable for this type of survey
- Distributed in Fall 2024; results received in Spring 2025
- College's focus: understanding & addressing student need
- Parent data slightly different – see reverse side- parents made up 31% of respondents
- Convened all campus meeting to discuss and brainstorm solutions in break out groups

### **Mental Health & Well-Being**

- 45% of students reported symptoms of generalized anxiety disorder
- 47% of students feel lonely sometimes or always

### **Supporting Mental Health & Well Being**

- New mental health counseling service for Students, Faculty, and Staff (Bettermynd)
- Will provide easy, flexible access to mental health services without the need to visit a physical office space, reducing the stigma associated with publicly seeking mental health services and removing travel or time constraints
- Greater likelihood of individuals finding a provider they are comfortable with in terms of gender, race, ethnicity, experience, etc.
- Partnering with community groups to offer wellbeing workshops
- Increase communication re available resources

### **Financial Instability & Basic Needs Insecurity**

- 51% of students are housing insecure
- 38% experience food insecurity
- 58% worry about having enough money to pay for school
- 30% ran out of money 6+ times in the past year
- 64% would struggle to access \$500 in an emergency
- 70% reported experiencing financial difficulties while in college – savings / credit cards
- Over a third using some sort of public assistance (food, unemployment, housing, medical and childcare)

Nearly half of those experiencing financial challenges said they had difficulty concentrating on schoolwork because of their financial situation. Basic needs need to be met for them to be able to fully focus on academics.

### **Supporting Working Students**

- 57% of our students identify as workers attending school, not students who work and 92% of parents

## Student Financial Wellness



- The College is expanding access to the Food Pantry by hiring staff to increase operations and is working to expand access to local and regional food resources and increase awareness among students – 11% were unaware.
- We are developing a student stipend program to pay students for work on campus, in addition to the currently existing work-study programs. (recent cuts)
  - Developing equitable processes to get funds into students' hands as close to the start if the semester as possible
  - Supports our campus staff
  - Provides workforce experience
  - Provides opportunities for us to better know our students and support them
  - Rethink scholarship funding tactics and innovate over the long term
  - Another opportunity for the Foundation to provide support to our students

## Students Still Believe Despite It All

- 63% believe college is a good investment and 83% of parents
- 84% believe a college degree improves quality of life – 91% of parents

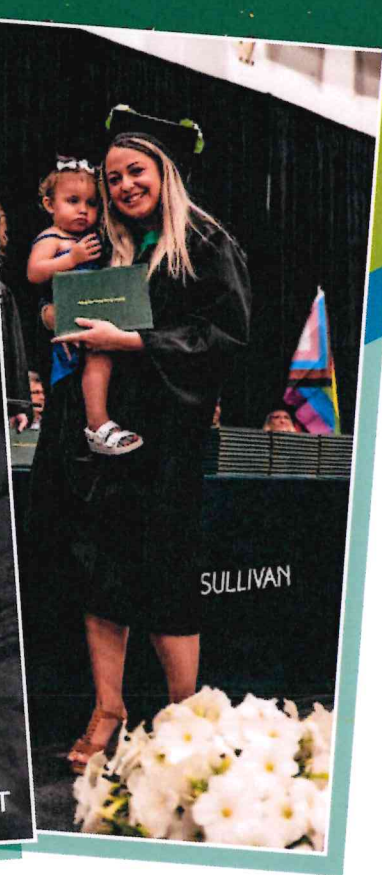


# SUNY SULLIVAN

## SUNY RECONNECT IS HERE

This is what you  
need to know to  
get a **free degree**

SUNY  
RECONNECT



### WHO IS ELIGIBLE?

NEW YORK RESIDENTS 25-55 YEARS OLD WITHOUT A COLLEGE DEGREE WHO ENROLL IN ONE OF THE FOLLOWING ELIGIBLE FULL-TIME OR PART-TIME ASSOCIATE DEGREE PROGRAMS AT SUNY SULLIVAN:

ALCOHOLISM & DRUG ABUSE COUNSELING, AAS  
COMPUTER INFORMATION SYSTEMS, AAS  
MEDICAL ASSISTANT, AAS

CHILDHOOD EDUCATION, AA  
COMPUTER PROGRAMMING, AAS  
NURSING, AAS

GREEN BUILDING TECHNOLOGY, AAS  
CONSTRUCTION TECHNOLOGY, AOS  
RESPIRATORY CARE, AAS

### What does "FREE" mean?

The SUNY Reconnect program covers the cost of tuition, fees, books, and supplies after all other financial aid is applied. Housing is not covered.

### How do I get started?

Visit [sunysullivan.edu](https://sunysullivan.edu) and select **APPLY** to complete a free application. Choose one of the programs listed above and start your free journey with SUNY Sullivan!

**QUESTIONS?** CALL (845) 434-5750 X4287 OR EMAIL  
ADMISSIONS@SUNYSULLIVAN.EDU

**VISIT US:** MONDAY-FRIDAY: 8:30 AM – 5:00 PM (CLOSED FRIDAYS UNTIL 8/1)  
**EXTENDED HOURS:** OPEN UNTIL 6:30 PM ON TUESDAYS & WEDNESDAYS  
(BEGINNING 8/13)



The State University of New York **ATTAIN (Advanced Technology Training And Information Networking)** is a statewide technology program offering an assortment of academic, occupational, and employability courses through a system of computer labs across NYS communities. These courses are geared to introduce as well as supplement NYS residents with educational & vocational skills through advanced technology training for a high-demanding technological world.

### ACADEMIC

HSE CURRICULUM  
Math  
Reading  
Writing  
Science  
Social Studies

### ESOL

English Language Learning  
with over 20 languages  
available to learn

### ASSESSMENTS

Locator Tests  
Pre/Post Testing

### CAREER AND TECHNICAL EDUCATION

Agriculture  
Architecture  
Building Maintenance  
Career Exploration  
Construction  
Culinary Arts  
Customer Service  
Finance  
Health & Human Services  
Information Technology  
Hospitality  
Manufacturing  
Marketing  
Soft Skills Training

### TECHNOLOGY/EMPLOYABILITY

Microsoft Learn  
Digital Literacy and Career Readiness  
Working with Computers and  
Collaborating Online

### (MOS) OFFICE CERTIFICATION

Microsoft Word Specialist  
Microsoft Excel Specialist  
Microsoft PowerPoint Specialist  
Microsoft Access Specialist  
Microsoft Outlook Specialist

### MICROSOFT CERTIFIED FUNDAMENTALS (MCF)

Azure Fundamentals (AZ-900)  
Microsoft 365 Fundamentals (MS-900)  
Microsoft Azure AI Fundamentals (AI-900)  
Microsoft Azure Data Fundamentals (DP-900)  
Microsoft Power Platform Fundamentals (PL-900)  
Microsoft Dynamics 365 Fundamentals CRM (MB-910)  
Microsoft Dynamics 365 Fundamentals ERP (MB-920)  
Microsoft Security, Compliance, and Identity  
Fundamentals (SC-900)

### INTUIT QUICKBOOKS CERTIFICATION

## ATTAIN LABS STATEWIDE

ALL COURSES ARE

**COST FREE!**

<https://www.sunyattain.org/attain-directory>

