

# Division of Community Resources Monthly Report June 2024

## Office for the Aging (OFA) April 2024 Monthly Report

### Monthly Accomplishments

#### OFA Director:

- Participation on Sullivan Catskills Food Security Coalition
- Continued participation on New York State Master Plan on Aging Levels of Care subcommittee.
- Attended Aging Director Leadership Training offered through Association on Aging NY April 16-18<sup>th</sup>.
- Presented brief overview of Senior Needs Assessment at Planning and Community Resources Legislative Committee Meeting.
- Monthly Hoot distribution continues to increase via mail, email and drop off locations. Direct mail list has grown to over 500.
- Continued distribution of freely available COVID test kits to community organizations.
- Co-sponsored *Are Your Affairs in Order* – hybrid Zoom event held at Cornell Cooperative Extension- presented by Rural Law Center.
- Co-sponsored Alzheimer’s Community Forum at Cornell Cooperative Extension with Alzheimer’s Association, Caregiver Resource Center and Sullivan 180.
- 5 congregate meal sites will be open June 3<sup>rd</sup>, with up to 11 sites reopening by end of year.
- Conducted interviews for Aging Services Aide position, which is now filled. Also filled Chauffeur position.
- Assisted with coordination of RSVP Driver and Older New Yorker’s appreciation event with RSVP Advisory Council.

#### RSVP:

- Successful RSVP Driver / Older New Yorker’s Day Luncheon in collaboration with Cornell Cooperative Extension.
- Welcomed 2 new volunteers: Mike Stemmer doing Bethel Nutrition and Laurie Pabon doing Liberty Nutrition.
- **Nearly 700 hours volunteered in April with a value of \$25,609 according to IndependentSector.org**
- Completion of Annual AmeriCorps Seniors Progress Report, submitted prior to due date.
- RSVP presentation to all staff meeting to foster increased understanding of program.

**Nutrition:**

	<b>Units:</b>	<b>Clients:</b>	<b>Contributions:</b>
<b>Homebound:</b>	1,854	109	\$1,560.00
<b>Congregate served at home:</b>	554	23	
<b>Congregate served at sites:</b>	204	72	\$ 275.00 (2 sites)
<b>Total:</b>	2,612	204	\$1,835.00

In preparation for the re-opening of the Congregate sites, we interviewed many candidates for Aging Services Aide, Aging Services Assistant, Nutrition Chauffer and Nutrition site operator positions. We also have a new RSVP volunteer that joined our team and is helping us deliver meals on Fridays out of Bethel. All of those positions are now filled, with an expected opening day of June 3, 2024. Liberty, Bethel and Jeffersonville will be the additional sites set to restart serving congregate meals. The current sites that are operational are in Mamakating and Livingston Manor.

The Nutrition staff participated in a 2 day- Food Safety course on April 15 and 16. All received a certificate from NYSOFA.

The Nutrition dept. is still helping unload the bi-monthly food trucks from the Hudson Valley Food Bank for our local pantries. Care packages are being delivered to HDM clients.

**Transportation:**

Referrals to SCT Transportation

- 105 SCT (Sullivan County Transportation) Medical Trips
- 181 SCT Shopping Trips
- 78 RSVP Medical Trips
- 48 Congregate Nutrition Site Transportation

In addition, there were 5 medical trips provided by OFA staff

**Legal referrals:** no new referrals made to Rural Law Center as spending has reached contract maximum. Additional funds approved to modify contract, will begin taking referrals again in May.

**Caregiver Resource Center:**

**Caregiver Support Groups offered:**

In person: April 8, April 22

Virtual/Zoom: April 10, April 24

**Tai Chi for Arthritis & Fall Prevention**

Classes held 2x week for 8 weeks (Jan to March) – 18 attendees completed  
A second series began (April to June) and is full with a waiting list.

**Bone Builders** (Osteoporosis prevention) weekly for 12 weeks, started April 11, goes through June, and is full with a waiting list.

**Workshops/ Community Education:**

April 16 - Liberty Bells – Healthy Living Healthy Brain discussion - (8 attendees)

April 19 Community Forum with the Rural Law Center at CCE – well attended both in person (19) and virtual (33)

April 24 – Alzheimer’s Community Forum (23 attended)

**Outreach:**

April 2 Lumberland Senior Center (overview of CRC services, Alzh. Handouts given) (9 attendees)

April 10 Mamakating Town Hall (overview of CRC services, Alzh. Handouts given) (28 attendees)

April 16 Town of Highland Seniors – HLHB handouts, CRC outreach (20 attendees)

**NY Connects:**

- 116 contacts for April.
- NY Connects has been extremely busy with outreach. In April, NY Connects staff has attended the following senior clubs where we gave out information on the Office for the Aging and the programs/services provided by it.

- ❖ April 2 Lumberland- 10 people
- ❖ April 10 Mamakating – 29 people
- ❖ April 16 Highland - 20 people
- ❖ April 24 Loch Sheldrake – 25 people

**HIICAP (Health Insurance Information Counseling Assistance Program):**

- 21 contacts.

**PERS (Personal Emergency Response System):**

- 20 clients currently receive PERS through CSE, EISEP & IIIE funding.

**EISEP (Expanded In-home Services for Elderly Program):**

**EISEP Full Service Case Files**

Casefiles already open as of April 01	28
Casefiles opened throughout the month of April	5
Casefiles closed in April	7
Casefiles open as of 4/30/24	26
**plus 2 NON-EISEP [PERS only]	2
Casefiles open with PCA as of 4/30/24	18
Casefiles open with no Personal Care Aide (PCA), waitlisted as of 4/30/24	5

**Sullivan County Youth Bureau (YB):**

- Weekly Youth Bureau Bulletins emailed. Reached around 650 people, and continually adding. Continued engagement on social media and county website.
- Partner in Warrior Teen program and initiative.
- Continue to process and execute contracts for YB funding recipients.
- Attended NYS Budget briefing for all NYS Youth Bureaus, and Regional Youth Bureau meeting.
- Met with Sullivan West to discuss student internships.
- Facilitate SC Youth Bureau Advisory Board.
- Attended events at several community partner organizations to promote visibility of Youth Bureau.

## Transportation

### County Transportation:

<b>Month 2024</b>	<b>Veterans Medical Centers</b>	<b>Veterans In- County Medical</b>	<b>Senior Medicals</b>	<b>Shopping Buses</b>
January	50	12	70	150
February	38	17	79	147
March	47	42	112	158
April	59	29	105	181
May				
June				
July				
August				
September				
October				
November				
December				

<b>Move Sullivan 2024</b>	<b>Average Daily Ridership</b>	<b>Monthly Ridership</b>	<b>Monthly Paratransit</b>
January	436 (21 days)	9,154	230
February	472 (20 days)	9,447	218
March	478 (21 days)	10,048	262
<b>1<sup>st</sup> Quarter Totals</b>		<b>28,649</b>	<b>710</b>
April**			
May			
June			
<b>2<sup>nd</sup> Quarter Totals</b>			
July			
August			
September			
<b>3<sup>rd</sup> Quarter Totals</b>			
October			
November			
December			
<b>4<sup>th</sup> Quarter Totals</b>			
<b>Annual Totals</b>			

\*\* Tracking system being changed – April data not yet completed

### **Community Assistance Center (CAC)**

- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of test kits and masks.
- ✓ The CAC remains active providing food assistance deliveries as well as connections to community resources.
- ✓ The Food Bank deliveries to the pantries are bi-monthly.
- ✓ Support HV Food Bank monthly mobile pantry efforts in Freemont, Yulan and Fallsburg.
- ✓ A member of the Sullivan Catskill Food Security Coalition.