



November 2025

Office for the Aging (OFA) – Director’s Report

- Hoot Newsletter – Delivery by Sullivan County Transportation to over 100 community locations continuing, mailing list continues to grow.
- New Aging Services Aide started November 17, interviewing for two vacant Nutrition Site Operators beginning.
- Attended Hospice of Orange & Sullivan annual breakfast event.
- 13 home visits for assessments, reassessments, and application assistance.
- 18 applications for SNAP, Medicaid, Medicare Savings, and Temporary Assistance.
- Annual Update to the 4 Year Plan submitted October 16th to NYSOFA, awaiting final approval. Edits and corrections submitted.
- Attended Professional Advisory Committee (PAC) meeting of Certified Home Health Agency of Sullivan County Public Health



Sullivan Volunteers

- Two new volunteers enrolled.
- Site visit to Federation for the Homeless to assist with food delivery.
- Site visit to 1st Way Life to drop off blankets.
- Signed up one new partner site Mamakating Environmental Education Center (MEEC).
- Bold Gold Media to do a radio spot to air in December.
- Volunteers provided 64 rides for medical appointments.
- 1394 hours volunteered in October with a value of \$53,641 according to IndependentSector.org.



Nutrition Program

<u>Service Type</u>	<u>Meals Served</u>	<u>Clients Served</u>	<u>Contributions</u>
Home-Delivered	2,377	126	\$1,382.00
Congregate Site	449	85	\$495.00
Total	2,826	211	\$1,877.00

Transportation Services

- 88 medical trips (SCT).
- 143 shopping trips (SCT).
- 64 volunteer medical transports.
- 1 medical transport by OFA staff.
- 51 rides to congregate meal sites.

Home Energy Assistance Program (HEAP)

100 applications received and reviewed, documentation sheets sent for 40 applications.

Legal Assistance

5 households assisted through Rural Law Center of NY.



Caregiver Resource Center (CRC)

WISE – Wellness Initiative for Senior Education

- Next WISE series scheduled for January at Golden Park Apartments (Liberty).

Tai Chi for Arthritis & Fall Prevention

- September–Nov. 4 series completed with 15 seniors.
- New series began Oct. 30 (Tuesdays & Thursdays) and continues through Dec. 18.
- For details or to join the wait list: 845-292-6180 x122 or nam247@cornell.edu.

Bone Builders – Fall Series

- Completed a 10 week series on Nov. 20th. Will be offered again in the spring.

Caregiver Support Groups (6 total)

- 2 Caregiver Café (in-person).
- 2 Virtual Support Group.
- 2 Parkinson's Support Group (for caregivers and care receivers).

Information & Assistance Calls

- November- 18

Workshops & Community Outreach

- Healthy Living for Your Brain- November 3

Support Group Schedules – 2025

- Caregiver Café (in person): 1st Monday monthly, 10–11 AM — Nov. 3, Dec. 1
- Virtual Caregiver Support Group: 3rd Wednesday monthly, 6–7 PM — Nov. 19, Dec. 17
- Parkinson's Support Group: Nov. 12, 4–5 PM (then paused until spring)

208 individuals served in November

HIICAP (HEALTH INSURANCE & INFORMATION COUNSELING ASSISTANCE PROGRAM)

129 Individuals received counseling

PERS (PERSONAL EMERGENCY RESPONSE SYSTEM)

19 clients currently enrolled through CSE, EISEP, and Title IIIIE funding.

EISEP – Expanded In-Home Services for the Elderly Program

<u>Status</u>	<u>Number</u>
Active Cases (as of 11/30/25)	30
Closed Cases	N/A
Waitlist	19
Hours Authorized (November)	934.80
Hours Provided (November)	709.75

- Participated in United Sullivan partner check-ins
- Received all signed 2025–2026 contracts; four pending final County execution
- Received all 2024–2025 claims; awaiting audit payments on 10 claims
- Increased social media engagement: 18,650 views and 167 interactions in November (up over 10,000 views and 125 interactions from October)
- Hosted Youth Legislative Day with 25 Sullivan West students attending hearings and meeting with legislators and department heads
- Completed site visits for multiple funded programs, including education, arts, recreation, and cultural organizations
- Attended monthly OCFS meeting to prepare for upcoming conference
- Presented to Public Health Services and OCFS on Youth Bureau programs and community impact

- Participated in MLK Jr. Day planning meeting
- Attended ANSYSB conference in Albany focused on best practices
- Participated in Leadership Development Training
- Purchased and delivered over 1,800 pounds of food to Monticello School District Backpack Program
- Provided technical assistance and training to OCFS-funded awardees on updated claiming procedures

Sullivan County Office for the Aging | 100 North Street, Monticello, NY 12701 | (845) 807-0241 | www.sullivanny.gov/departments/aging

Serving older adults and caregivers with dignity, independence, and community connection.