

# Division of Community Resources Monthly Report November 2024

## Office for the Aging (OFA) September 2024 Monthly Report

### Monthly Accomplishments

#### OFA Director:

- Participation on Sullivan Catskills Food Security Coalition.
- Monthly Hoot distribution continues to increase via mail, email and drop off locations. Direct mail list has grown to over 600.
- Four Year Plan development of goals and content ongoing.
- Preparation for Annual Public Hearing and Senior Resource Fair October 24<sup>th</sup>, 10am-2pm at the Government Center.
- Interviews conducted for RSVP Coordinator, new Coordinator starting November 4<sup>th</sup>.
- Interviews scheduled for Aging Services Specialist and EISEP Case Management Specialist ongoing.
- Outreach event at Temple Shalom in Monticello.
- Grant submission for re-competition for next three-year AmeriCorps RSVP application. Anticipated award notification in January 2025 for grant period of 4/1/2025-3/31/28.
- Continued distribution of freely available COVID test kits to community organizations.

#### Retired Senior Volunteer Program (RSVP):

- ❖ Over 1,147 hours volunteered in September with a value of \$38,413.03 according to <https://independentsector.org/resource/value-of-volunteer-time/>
- ❖ New Coordinator beginning November 4<sup>th</sup>, 2024.
- ❖ Annual Volunteer Recognition Luncheon great success, over 104 attended at The Villa Roma on September 24<sup>th</sup>.

#### Nutrition Program:

	<b>Units:</b>	<b>Clients:</b>	<b>Contributions:</b>
<b>Homebound:</b>	1,766	110	\$1,075.00
<b>Congregate served at home:</b>	28	2	
<b>Congregate served at sites:</b>	604	91	\$736.00
<b>TOTALS:</b>	<b>2,398</b>	<b>203</b>	<b>\$1,811.00</b>

- ❖ We received 1,100 Senior Farmers Market Nutrition coupon booklets from NYSOFA (New York State Office for the Aging) and distributed 944 to eligible seniors. OFA staff and community partners tabled and promoted at the participating markets in Sullivan County. September 30<sup>th</sup> was the official end of distribution of the coupons.

❖ Nutrition continues to benefit from the Community Assistance Center (CAC)'s Food Bank of the Hudson Valley food distribution twice a month. This enables us to supplement fresh fruit, vegetables and other perishable items through our Home Delivered Meal (HDM) and Congregate program.

❖ Several new referrals for HDM have been received for home delivered meals. Through the initial screening process, we find many of these referrals are Medicaid clients (ineligible) or are able to go to one of our senior Nutrition sites for congregate lunch. Case workers guide them to a service that will meet their needs.

**Transportation Referrals to SCT:**

- 99 SCT Medical Trips
- 163 SCT Shopping rides
- 52 RSVP Medical Trips
- 43 Congregate Nutrition Site Transportation

**Home Energy Assistance Program (HEAP):**

❖ 171 applications received as of October 21<sup>st</sup>.

**Legal referrals:** 2 individuals received legal assistance through Rural Law Center of NY.

**Caregiver Resource Center (CRC)**

**Caregiver support groups are offered for caregivers of someone with dementia or Alzheimer's Disease:**

(registration required [www.sullivanccc.org/events](http://www.sullivanccc.org/events) or by calling Cornell Cooperative Extension (CCE) Sullivan at (845) 292-6180 x 122

**Caregiver Café' (In person): Next: Oct. 21 10-11 am.**

September's support group had 7 attendees

Upcoming: Nov.4 and Dec. 2

**Virtual/zoom:** 2<sup>nd</sup> Wednesday each month 6pm-7pm. July through December 2024

September had 2 attendees.

A **Parkinson's Support group** is now meeting monthly 2<sup>nd</sup> Wed - 4pm – 5:30 at CCE Sullivan and supported by the Caregiver Resource Center.

Registration is available but walk-ins are welcome.

This support group is growing and is open to new members.

**Bone Builders** (Osteoporosis prevention). Started Sept. 19 and will run through Nov. 20, is being held weekly on Thursdays from 11-12 @ CCE Sullivan. There are additional openings register at [www.sullivancee.org/events](http://www.sullivancee.org/events)

CRC Information, Assistance & Referral calls for September- 20

**Tai Chi for Arthritis & Falls Prevention** – Tai Chi Stage 2 series will be held Oct 21 – Dec. 12 from 1-2pm on Mondays & Thursdays weekly. The class is currently full with 15 people registered.

### **CRC Workshops:**

**The Empowered Caregiver Virtual Workshop Series is being rescheduled to future dates**

October 15 - *Keep Them Safe – A Caregiver's Guide to a Safe Home* – with Lynda Shrager, OT, MSW, CAPS

11 attended via in person and zoom

Complimentary copies of the presenter's book were given out.

CRC Coordinator attended RSVP annual luncheon

CRC Coordinator presented a workshop at the Rural Health Symposium on Sept. 19: "Growing Older and More Diverse in Rural Communities"

Outreach is ongoing to senior groups

**Wellness Initiative for Senior Education (WISE)** workshop series will be scheduled for 2025 dates.

Interested persons can call the Caregiver Resource Center to be placed on a list and will be contacted.

This is a weekly program for 6 weeks to enhance awareness of senior health and well-being.

The 2024 Walk to End Alzheimer's for Orange/Sullivan is October 26.

Register: 2024 Walk to End Alzheimer's - Orange/Sullivan County, NY | Walk to End Alzheimer's

### **NY Connects:**

- 180 contacts for September.
- Outreach events in process of being scheduled at Towns & Villages.

### **Health Insurance Information Counseling Assistance Program (HIICAP):**

- ❖ 26 contacts.
- ❖ Annual election period October 15<sup>th</sup>-December 7<sup>th</sup> for Medicare open enrollment.

**Personal Emergency Response System (PERS):**

- 28 clients currently receive PERS through CSE, EISEP & IIIIE funding.

**Expanded In Home Services for Elderly Program (EISEP):**

- Retirement of long serving EISEP Case Management Specialist 10/30/24, Applications still being accepted for replacement.
- 2<sup>nd</sup> Ancillary supply order being compiled for eligible EISEP recipients, these items include nutritional supplements and incontinence supplies.

<b>EISEP FULL-SERVICE CASEFILES during September</b>	
Casefiles already open as of 9/1/2024**	42
Casefiles newly opened 9/1/2024-9/30/2024	2
Casefiles closed 9/1/2024-9/30/2024	0
NON-EISEP open CSE case transferred to EISEP	0
<b>Casefiles open as of 09/30/2024</b>	<b>44</b>

**Sullivan County Youth Bureau:**

- ❖ #SCYouthbureau summer adventures continues to be a big hit. We have concluded the summer with a total of 11 characters.
- ❖ Site visit conducted with SPCA-CHAT.
- ❖ Continuing with weekly FB blasts as well as Weekly email blasts-over 600 emails/people reached on a weekly basis. FB posts from 6/1/24-9/24/24 had 3,816 impressions, 3,395 reaches and 309 engagements.
- ❖ Attended Municipal Youth Bureau discussion with NYS Youth Bureau Association.
- ❖ Attended/participated in weekly Untied Sullivan calls.
- ❖ To date, we have received all NYS funded claims. We have 3 from the Town of Fallsburg that will not be claimed, which equals \$15,350 total. Out of that, we will reallocate \$10,950 to Hudson Valley Athletic Club. 7 county-funded claims have been received. Reminders were sent out to award recipients on 8/1/24, 8/15/24, 9/1/24, 9/15/24 and 9/27/24. All claims that have been received are in.
- ❖ Attended CCE Advisory Committee Meeting.
- ❖ Attended 2 Leadership Development trainings. This will be ongoing for the next 6 weeks.
- ❖ Attended Applying Positive Youth Development Within Youth Justice Learning Collaborative in Albany.

## Transportation

### County Transportation:

Month 2024	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	50	12	70	150	*	*
February	38	17	79	147	*	*
March	47	42	112	158	*	*
April	59	29	105	181	35	407
May	51	29	121	190	41	416
June	33	17	111	191	38	351
July	47	24	117	187	47	470
August	43	32	101	191	40	478
September	32	22	99	163	33	357
October						
November						
December						

### Move Sullivan

- ✓ Approved expansion routes include a 1-hour shuttle in liberty; a 1-hour shuttle in Monticello and a 1-hour route covering Livingston Manor, Roscoe, Callicoon Center, Jeffersonville, Youngsville, White Sulphur Springs, and Liberty.
- ✓ All new routes link up with transfer points to the other routes.

Move Sullivan 2024	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	436 (21 days)	9,154	230
February	472 (20 days)	9,447	218
March	478 (21 days)	10,048	262
<b>1<sup>st</sup> Quarter Totals</b>		<b>28,649</b>	<b>710</b>
April	490 (22 days)	10,775	272
May	521 (22 days)	11,469	296
June	546 (20 days)	10,910	270
<b>2<sup>nd</sup> Quarter Totals</b>		<b>33,154</b>	<b>838</b>
July	590 (22 days)	12,999	347
August	605 (22 days)	13,245	338
September	570 (20 days)	11,398	259
<b>3<sup>rd</sup> Quarter Totals</b>		<b>37,642</b>	<b>944</b>

October			
November			
December			
<b>4<sup>th</sup> Quarter Totals</b>			
<b>Annual Totals</b>			

**Community Assistance Center (CAC)**

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 25 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ The food distribution days are increasing to three days per month beginning in October.
- ✓ The Catskill Food Hub is a critical partner whose relationship with local farmers and Growing Soul provides the rest of our distributed food.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of test kits and masks.
- ✓ The CAC remains active providing emergency food assistance deliveries as well as connections to community resources.
- ✓ Support HV Food Bank monthly mobile pantry efforts in Freemont, Yulan and Fallsburg.