

Division of Community Resources Monthly Report

June 2025

Office for the Aging April 2025

Monthly Accomplishments

OFA Director:

- Orientation and training of new EISEP Case Management Specialists.
- Participation on many Federal funding related strategic planning webinars, conference calls, etc. with Aging NY, NYSOFA (NY State Office for the Aging) and USAging.
- Attending Director's Leadership Institute in Clayton, NY April 14-17th.
- RSVP Advisory Council moving forward with recognition event planning.
- Completed and submitted final Four-Year Plan revisions. Four Year Plan approved and NGA's (Notice of Grant Awards) received on May 14, 2025.
- Participated in Bike and Pedestrian Focus Group meeting with consultants.
- Continued distribution of freely available COVID test kits to community organizations.
- Monthly Hoot direct subscribers over 800.
- OFA tabled along with Community Resources Division at The Center for Discovery Resource Fair and the SUNY Sullivan Community Resource Day.
- There were thirty-nine (39) home visits conducted by Aging Services Specialists and EISEP Case Managers. These home visits were for comprehensive assessments and/or reassessments for various programs and services.

RSVP:

- 1 new volunteer registered and 1 former volunteer reactivated.
- Attended SUNY Sullivan Community Resource Day.
- Volunteers provided 68 rides for medical appointments.
- Coordinator continued visiting volunteer sites, meeting with site managers and volunteers.
- Preparing final Progress Report for AmeriCorps RSVP grant closeout.
- 1,363.12 hours volunteered in April with a value of \$47,418.77 according to IndependentSector.org.
- Planning for annual volunteer recognition luncheon on September 16th.

Nutrition:

	Units:	Clients:	Contributions:
Homebound:	2,370	112	\$1,376.00
Congregate served at home:	22	1	
Congregate served at sites:	698	105	\$781
Guest Fee			\$4.00
TOTALS:	3,090	218	\$2,161.00

- Nutrition received 9 new home delivered meal referrals.
- Great success with Public Health Department's Spring Fitness program. 18 participants have registered this month, making a total of 72 class participants to date. 10 Fitness classes have been completed at the 5 Nutrition sites. This program will continue through June.

Transportation:

- 123 SCT (Sullivan County Transportation) Medical Trips
- 182 SCT Shopping Trips
- 67 RSVP Medical Trips
- 71 Congregate Nutrition Site Transportation

HEAP:

- Regular and Emergency HEAP closed April 7th. Cooling benefit opened April 15th.
- 2 applications processed through OFA in April.

Legal referrals: 12 individuals/families received legal assistance through Rural Law Center of NY.

Caregiver Resource Center (CRC)**Information & Assistance calls:**

February: 30

March: 34

April: 42

A media campaign for the Caregiver Resource Center will air on WJFF starting in May.

Workshops held: Livingston Manor Free Library:

March 17 -Healthy Living Healthy Brain

March 31 – 10 Warning Signs of Alzheimer’s Disease

More workshops are being planned for June through September.

Keep an eye on our events page at www.sullivanccce.org/events

Caregiver Café’ Support Group (In person):

1st Monday at 10am at Cornell Cooperative Extension (CCE) Sullivan

Upcoming meetings: May 5, June 2, July 7

Virtual Caregiver Support Group (zoom):

Scheduled 3rd Wednesday each month 6-7pm

Upcoming meetings: May 21, June 18, July 16

Parkinson’s Support group

3rd Wednesday each month April through November from 4-5:30 at CCE Sullivan

Upcoming meetings: May 14, June 11

Caregiver Support Group for Families of Veterans

Held the 1st Wednesday each month from 4-5pm at Action Towards Independence (ATI) at 309 E. Broadway, Monticello. Advance registration is required.

Bone Builders (Osteoporosis prevention). Currently 16 participants attending weekly.

March 27-May 22, 2025

Possibly another class series in the fall.

Tai Chi for Arthritis & Falls Prevention – Tai Chi Tuesdays was held March 18-May 6, 2025 with 17 people registered and 83% of the seniors completed the majority of classes.

Another series is being planned for summer/fall.

Keep an eye on our events page at www.sullivanccce.org/events or call to be put on our waiting list for notifications.

(WISE) -Wellness Initiative for Senior Education- we have openings! It's not too late to register.
May 5 to June 16 (no class May 26), 11-1pm with lunch provided. (Free)

This is a 6-week evidence-based program with a different wellness topic each week to enhance awareness of senior health and well-being.

The WISE program is a collaboration between the Caregiver Resource Center and SALT at CCE Sullivan through Community & Economic Vitality, and is supported in part by grant funding from New York State, Department of Health and Human Services (HHS), and Substance Abuse and Mental Health Services Administration (SAMHSA)

Note: Alzheimer's Association workshops, The Empowered Caregiver Series will be offered in person by the Caregiver Resource Center to interested community groups on request in the spring and summer 2025. Stay informed for upcoming dates in surrounding communities and libraries by checking www.sullivanccce.org/events.

Workshop topics in the series include:

- Building Foundations of Caregiving
- Supporting Independence
- Communicating Effectively
- Responding to dementia-related behaviors
- Exploring Care and support services.

NY Connects:

- 148 Contacts in April.

HIICAP (Health Insurance Information Counseling Assistance Program):

- 29 individuals assisted in April.
- 8 Department of Social Services (DSS) program applications were completed through OFA for the month of April which included Medicaid, SNAP and Public Assistance.

PERS (Personal Emergency Response System):

- 24 clients currently receive PERS through CSE, EISEP & IIIE funding.

EISEP (Expanded In Home Services for Elderly Program):

Casefiles open as of 4/30/25	34
Casefiles closed	2
Waitlist	6
Hours Authorized for the month of April	1,599.6

Sullivan County Youth Bureau:

- Attended Emergency Services Youth Academy meeting on 4/29.
- Attended Sullivan 180's Municipal Grant Review process.
- Attended Association of NYS Youth Bureaus (ANYSYB) monthly meeting.
- Facilitated meeting with Girl Scouts of the Hudson Valley. Discussed possible collaborations.
- Scanning project of archived documentation for Youth Bureau underway.
- Conducted site visits for Sullivan West Elementary for HPAC and, Bethel Woods for Project Identity
- Youth Bureau Facebook posts lead to 1,891 views, 1,186 reaches and 28 interactions in March. This is an increase of 669 views, 486 reaches and 17 interactions for the month of April. Views are how many times people looked at the post, reaches mean how many times it was shared and interactions are the amount of likes or reactions.

Community Assistance Center (CAC)

- ✓ On May 5 the Sullivan Catskill Food Security Coalition held a meeting with the area pantries and the Food Bank at Cornell Cooperative Extension. The discussions focused on increasing community needs and actual/pending federal cuts in funding. The next step is to hold monthly virtual meetings to encourage partnerships and brainstorm solutions.
- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of remaining test kits.
- ✓ The CAC has seen an increase in requests for emergency food assistance deliveries as well as connections to community resources.
- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.

Transportation

- ✓ The Request for Proposal (RFP) for updated Comprehensive Countywide Transportation Plan was issued April 4 with a due date of April 25. There were 2 responses received. Resolution submitted for June to contract with Kittelson and Associates.

Sullivan County Transportation Department:

Month 2025	Veterans Medical Centers	Veterans In- County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	40	31	101	160	32	467
February	37	20	89	132	26	497
March	41	35	121	177	53	618
April	48	32	123	182	60	641
May						
June						
July						
August						
September						
October						
November						
December						

Move Sullivan Public Transit:

Move Sullivan 2025	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	480 (21 days)	10,073	245
February	521 (18 days)	9,381	272
March	557 (21 days)	11,686	292
1st Quarter Totals		31,140	809
April	599 (22 days)	13,176	365
May			
June			
2nd Quarter Totals			
July			
August			
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			

