

Division of Community Resources Monthly Report

September 2024

Office for the Aging (OFA) July 2024 Monthly Report

Monthly Accomplishments			
<u>OFA Director:</u>			
<ul style="list-style-type: none"> • Participation on Sullivan Catskills Food Security Coalition. • Monthly Hoot distribution continues to increase via mail, email and drop off locations. Direct mail list has grown to over 560. • Attended virtual trainings regarding upcoming Four-Year Plan from NYSOFA (New York State Office for the Aging). Issuance released from NYSOFA on July 16th. • Budget preparation along with Full-Charge Bookkeeper for 2025. • Preparations for RSVP luncheon ongoing. • Annual Public Hearing and Senior Resource Fair confirmed for October 23, 10am-2pm at the Government Center. • Preparation for re-competition for next three-year AmeriCorps RSVP application. • Continued distribution of freely available COVID test kits to community organizations. 			
<u>RSVP:</u>			
<ul style="list-style-type: none"> ❖ Over 1,100 hours volunteered in July with a value of \$36,839 according to https://independentsector.org/resource/value-of-volunteer-time/ ❖ Recruitment efforts for RSVP Coordinator ongoing. ❖ Luncheon planning and logistics ongoing. 			
<u>Nutrition:</u>			
	Units:	Clients:	Contributions:
Homebound:	2,191	105	\$1,511.00
Congregate			
served at home:	183	13	
Congregate			
served at sites:	631	87	\$857.00
Guest:			\$30.00
TOTALS:	3,005	205	\$2,398.00
<ul style="list-style-type: none"> ❖ July was a very hot month. Our drivers and case workers made phone calls and did well being checks on all of our homebound clients. ❖ Farmer's market coupons being distributed to eligible seniors at senior centers, nutrition sites, clubs and local agencies. ❖ We are in discussion with the SC Jail and RD to create a menu for our next phase of opening more nutrition sites. 			

- ❖ We received 4 referrals for the month of July, bringing our total homebound meal clients to 126.

Transportation:

- 117 SCT (Sullivan County Transportation) Medical Trips
- 187 SCT Shopping Trips
- 58 SCT Congregate Nutrition Site Transportation
- 59 RSVP Medical Trips
- 1 Medical Trip provided by OFA staff

Legal referrals: 7 individuals received legal assistance through Rural Law Center of NY.

Caregiver Resource Center (CRC)

Caregiver support groups are offered once per month:

(registration required)

In person: 2nd Monday each month July 8, Aug. 12, upcoming: Sept. 9 from 12-1 with lunch

Virtual/zoom: 2nd Wednesday each month 6pm-7pm. July through December 2024

A **Parkinson's Support group** is now meeting monthly 2nd Wed - 4pm – 5:30 at Cornell Cooperative Extension (CCE) Sullivan and supported by the Caregiver Resource Center. Registration is available but walk-ins are welcome.

This support group is growing and is well attended.

Bone Builders (Osteoporosis prevention). Starting Sept. 19 – Nov. 20, to be held weekly on Thursdays from 11-12 @ CCE Sullivan.

Registration is required at www.sullivanccce.org/events **Class is almost full**

CRC Coordinator Presented *Healthy Living Healthy Brain and 10 Warning Signs of Alzheimer's*:

July 1 - Kiwanis Club, Monticello

July 18 - White Sulphur Springs, UMW Seniors information & luncheon event

July 30- attended "Embracing In-Home Caregivers: Fostering Connection and Wellness"

July 31- attended National Caregiver Champion Collaborative Bi-Monthly Meeting

CRC Information, Assistance & Referral calls – July: 15 calls

All support groups attendance: July: 7 individuals

Workshops/presentations attendance: July: 38 individuals

Tai Chi for Arthritis & Falls Prevention – Tai Chi Tuesdays is being held July 30 – Sept. 3 from 5:30 – 6:30pm at CCE Sullivan

Plan to schedule another series this Fall

Workshops:

July 16 – “Take the Mystery Out of Medicare” -4 attendees, may offer again in Fall

July 22 - “Keep Them Safe, Keep You Sane: A Caregiver’s Guide to a Safe Home” rescheduled to Oct. 15.

NY Connects:

- 125 contacts for July.
- Outreach/Farmers Market Coupon distribution was conducted at the following locations during the month of July:
 - Bethel Senior Housing
 - Tannery Village
 - Liberty Farmers Market
 - Liberty Village
 - Rockland Senior Club
 - Monticello Senior Club
 - Liberty Commons
 - Horizons Senior Housing
 - Federation for the Homeless
 - Monticello Seniors Club
 - Sherwood Heights

HIICAP (Health Insurance Information Counseling Assistance Program):

- ❖ 20 clients served.

PERS (Personal Emergency Response System):

- 25 clients currently receive PERS through CSE, EISEP & IIIE funding.

EISEP (Expanded In Home Services for Elderly Program):

EISEP statistics for July, with May/June for comparison	May	June	July
EISEP FULL-SERVICE CASEFILES during JULY	totals	totals	totals
Casefiles already open as of 07/01/24**	28	31	35
Casefiles newly opened 07/01–07/31/24	6	4	3
Casefiles closed 07/01–07/31/24	(3)	(0)	(0)
NON-EISEP open CSE case transferred to EISEP			1
Casefiles open as of 07/31/24**	31	35	39

Sullivan County Youth Bureau:

- ❖ #SCYouthbureausummeradventures is a big hit. We've had 435 impressions (# of times it's been on someone's screen), 408 reaches (# of people who saw it) and 31 engagements (people who either liked, commented or shared them).
- ❖ Site visits conducted at Hudson Valley Athletic Club, Children's Home of Wyoming, Town of Bethel Camp-twice, Catskill Fly Fishing, Jeff's Youth Ambassador's Program.
- ❖ Continuing with weekly FB blasts as well as Weekly email blasts-over 600 emails/people reached on a weekly basis. FB posts for July had 645 impressions, 602 reaches and 57 engagements.
- ❖ Attended Municipal Youth Bureau discussion with NYS Youth Bureau Association.
- ❖ Co-created new NYS application packet to include instructions and checklists to ensure accuracy of application submission.
- ❖ Attended/participated in weekly Untied Sullivan calls.
- ❖ To date, we have received 3 NYS funded claims (all of which have been sent to OCFS for reimbursement to the County) and 1 county-funded claim. Reminders have been sent out to all award recipients about upcoming deadlines.
- ❖ Created new County Reimbursement Checklist to allow for new contracts/claims to be tracked.
- ❖ Met with Communications Director to learn how to edit the Youth Bureau page. Updated all information with regard to the new funding cycle.

Transportation

County Transportation:

Month 2024	Veterans Medical Centers	Veterans In-County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	50	12	70	150	*	*
February	38	17	79	147	*	*
March	47	42	112	158	*	*
April	59	29	105	181	35	407
May	51	29	121	190	41	416
June	33	17	111	191	38	351
July	47	24	117	187	47	470
August						
September						
October						
November						
December						

Move Sullivan 2024	Average Daily Ridership	Monthly Ridership	Monthly Paratransit
January	436 (21 days)	9,154	230
February	472 (20 days)	9,447	218
March	478 (21 days)	10,048	262
1st Quarter Totals		28,649	710
April	490 (22 days)	10,775	272
May	521 (22 days)	11,469	296
June	546 (20 days)	10,910	270
2nd Quarter Totals		33,154	838
July	590 (22 days)	12,999	303
August			
September			
3rd Quarter Totals			
October			
November			
December			
4th Quarter Totals			
Annual Totals			

Community Assistance Center (CAC)

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 25 food pantries who attend our twice monthly food distribution at the Transportation building.

The Food Bank provided us with 119,656 pounds (60 tons) of food for distribution in 2023.

The Catskill Food Hub provides the rest of our distributed food when they have it available. Their food primarily comes from local farmers.

- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ Continued distribution of test kits and masks.
- ✓ The CAC remains active providing emergency food assistance deliveries as well as connections to community resources.
- ✓ Support HV Food Bank monthly mobile pantry efforts in Freemont, Yulan and Fallsburg.
- ✓ A member of the Sullivan Catskill Food Security Coalition.