# **Division of Community Resources Monthly Report July 2025**

# Office for the Aging May 2025

# Monthly Accomplishments

#### OFA Director:

- Sullivan Volunteers Advisory Council moving forward with recognition event planning.
- Four Year Plan approved and NGA's (Notice of Grant Awards) received on May 14, 2025.
- Monthly Hoot direct subscribers over 900.
- Met with new Executive Director of Human Rights to discuss potential collaborations for older adults in Sullivan County.
- Continued advocacy efforts regarding proposed Federal funding changes to OAA (Older American's Act) as it impacts core services.
- Participation in Sullivan County Public Health Services Home Care Advisory Council.
- Review and continued information contributed to final AmeriCorps Progress Report for RSVP.
- Older New Yorker's Day event held at Crown Plaza Albany.
- Volunteer Fair held at Cornell Cooperative on May 17<sup>th</sup>, with great opportunity to showcase our partner organizations.
- Working closely with County Attorney, Risk Management, and County Manager's Office to have framework of new volunteer initiative ironed out.
- Case Managers and Aging Services Specialists provided 43 home visits for assessments, reassessments, application assistance and follow up visits.
- 19 applications for SNAP, Medicaid, Medicare Savings Program and Temporary Assistance completed.

#### Sullivan Volunteers:

- Completed final Progress Report for AmeriCorps grant closeout.
- Participated in Water Safety Day representing OFA.
- Coordinated the Volunteer Fair on May 17th
- Attended Older NYers Day in Albany.
- 7 new volunteers registered and 1 former volunteer reactivated.
- Created material for Volunteer Drivers class to be held in June.
- Volunteers provided 64 rides for medical appointments.
- 1,220 hours volunteered in May with a value of \$45,494 according to IndependentSector.org

Nutrition:				
	Units:	Clients:	Contributions:	
Homebound:	2,314	115	\$2,194.00	
Congregate				
served at home:	22	1		
Congregate				
served at sites:	581	93	\$575.30	
TOTALC	2 04 6	200	62 762 20	

- TOTALS: 2,916 209 \$2,769.30

  Nutrition had four new starts for Home Delivered Meals.
  - Great success with Public Health Department's Spring Fitness program.
  - Farmers Market coupons booklets due in early July.

#### **Transportation**:

- 115 SCT (Sullivan County Transportation) Medical Trips
- 187 SCT Shopping Trips
- 64 Sullivan Volunteers Medical Trips
- 51 Congregate Nutrition Site Transportation

# **HEAP:**

- No applications received for May.
- 6 calls regarding cooling & clean & tune.

<u>Legal referrals:</u> 4 individuals/families received legal assistance through Rural Law Center of NY.

# Caregiver Resource Center (CRC) at Cornell Cooperative Extension (CCE)

#### Information & Assistance calls:

April: 42 May: 22

A media campaign for the Caregiver Resource Center ran on WJFF for the month of May.

Caregiver Café' Support Group (In person):

1<sup>st</sup> Monday at 10am at CCE Sullivan

May 5, June 2, July 7, no Aug mtg

Virtual Caregiver Support Group (zoom):

Scheduled 3<sup>rd</sup> Wednesday each month 6-7pm

May 21, June 18, July 16

Parkinson's Support group

3rd Wednesday each month April through November from 4-5:30 at CCE Sullivan

## Caregiver Support Group for Families of Veterans

Held the 1<sup>st</sup> Wednesday each month from 4-5pm @ATI at 309 E. Broadway, Monticello

Advance registration is required www.sullivancce.org/events or by calling 292-6180 x 122

Bone Builders (Osteoporosis prevention). Finished May 22.

March 27-May 22, 2025

Fall registration is now available for Thursday classes beginning September 18 through November 20 from 11-12pm.

**Tai Chi for Arthritis & Falls Prevention** – Tai Chi Tuesdays finished on May 6, 2025

17 people registered and 83% of the seniors completed the majority of classes. Another series is being planned for fall from September 9 through October 28, 10-11am.

Space is limited, register at www.sullivancce.org/events or call to be put on our waiting list for notifications.

## (WISE) -Wellness Initiative for Senior Education- free lunch provided!

May 5 to June 16 postponed to a later starting date. Call to be put on the list! This is a 6-week evidence-based program with a different wellness topic each week to enhance awareness of senior health and well-being.

The WISE program is a collaboration between the Caregiver Resource Center and SALT at CCE Sullivan through Community & Economic Vitality, and is supported in part by grant funding from New York State, Department of Health and Human Services (HHS), and Substance Abuse and Mental Health Services Administration (SAMHSA)

Note: Alzheimer's Association workshops, including The Empowered Caregiver Series will be offered in person by the Caregiver Resource Center to interested community groups on request in the summer and fall. Stay informed for upcoming dates in surrounding communities and libraries by checking www.sullivancce.org/events.

Workshop topics in the series include:

- Building Foundations of Caregiving
- Supporting Independence
- Communicating Effectively
- Responding to dementia-related behaviors
- Exploring Care and support services.

# Additional workshops:

- Healthy Living Healthy Brain
- 10 Warning Signs of Alzheimer's & Dementia

- Planning- legal and financial issues for caregivers and their families (tentative: July 15)
  - Keep an eye on our events page at www.sullivancce.org/events or call us at 845-292-6180 x 122

#### **NY Connects:**

• 165 served in May

## HIICAP (Health Insurance Information Counseling Assistance Program):

• 36 clients served in May

# PERS (Personal Emergency Response System):

• 25 clients currently receive PERS through CSE, EISEP & IIIE funding.

# **EISEP (Expanded In Home Services for Elderly Program):**

Casefiles open as of 5/31/25	32
Casefiles closed	3
Waitlist	
Hours Authorized for the month of May	1,522.00
Actual hours provided in May	1,328.25

#### **Sullivan County Youth Bureau:**

- Attended Emergency Services Youth Academy meeting.
- Presentation to OCFS/counties about SC Youth Bureau marketing strategies.
- Attended ANYSYB Youth Bureau monthly meeting.
- Attended CCE Advisory Board Meeting.
- Scanning project of archived documentation for Youth Bureau almost completed.
- Facilitated discussion with youth at the Warrior Teens Program, held at HPAC through Sullivan 180.
- Met with Administration of Fallsburg Central School-presentation about Youth Bureau.
- Youth Bureau Facebook posts lead to 2,790 views, 1,926 reaches and 25 interactions in March. This is an increase of 899 views, 750 reaches and 8 interactions from the month of April. Views are how many times people looked at the post, reaches mean how many times it was shared and interactions are the amount of likes or reactions.

# **Community Assistance Center (CAC)**

- ✓ Through our partnership with the Hudson Valley Food Bank, we average 20 food pantries who attend our monthly food distributions at the Transportation building.
- ✓ There are three (3) food distribution days per month.
- ✓ The team continues to provide referral and assistance to callers looking information and/or resources.
- ✓ The CAC has seen an increase in requests for emergency food assistance deliveries as well as connections to community resources.
- ✓ Support HV Food Bank monthly mobile pantry efforts in town of Freemont.

# **Transportation**

# **Sullivan County Transportation Department:**

Month 2025	Veterans Medical Centers	Veterans In- County Medical	Senior Medicals	Shopping Buses	Seniors to Congregate Sites	Meals Delivered
January	40	31	101	160	32	467
February	37	20	89	132	26	497
March	41	35	121	177	53	618
April	48	32	123	182	60	641
May	39	16	116	187	41	583
June						
July						
August						
September						
October						
November						
December						

# **Move Sullivan Public Transit:**

	Average Daily	Monthly	Monthly
<b>Move Sullivan</b>	Ridership	Ridership	Paratransit
2025	_	_	
January	480 (21 days)	10,073	245
February	521 (18 days)	9,381	272
March	557 (21 days)	11,686	292
1 <sup>st</sup> Quarter			
Totals		31,140	809
April	599 (22 days)	13,176	365
May	558 (21 days)	11.715	332
June			
2 <sup>nd</sup> Quarter			
Totals			
July			
August			
September			
3 <sup>rd</sup> Quarter Totals			
October			
November			
December			
4 <sup>th</sup> Quarter			
Totals			
Annual Totals			